



Wanstead Parish
St Mary with Christ Church

www.wansteadparish.org

Sunday 19th May 2024
Pentecost

Services today:

- 8am Holy Communion BCP (CC)**
9.30am Joint Sung Eucharist with Nursery and Junior Church (CC and Parish Halls) Followed by APCM at 10.45am in the Parish Hall. All Welcome
3pm Tea & Fellowship (The Rectory)
4pm Confirmation Service (CC)

Tea & Fellowship this afternoon will be at 3pm in the Rectory instead of the vestry because of the Confirmation service in Christ Church.

Eucharist Readings & Hymns:

Acts 2. 1-21; Ps.104 26-end; John 15. 26-27,
16. 4b-15

238 – Come down, O love divine

258 – O thou who camest from above

241 – Come Holy Ghost our souls inspire

The Collect for the Week:

God, who as at this time taught the hearts of your faithful people by sending to them the light of your Holy Spirit: grant us by the same Spirit to have a right judgement in all things and evermore to rejoice in his holy comfort; through the merits of Christ Jesus our Saviour, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

PRAYERS:

Those who are in need of prayer: Kay Kingham, Kay Sheikh, Martin Wheatley, Martin, Julie Black, Sally Hurd, Christine Harrison, Charlotte, Ted Taylor, Ann Cheetham, Chris Cummins, Denis Keeling, Patricia Head, Richard Francis, Martin, Barbara Ridley, Simon Tierney.

R.I.P: Mary Wales

Year's Mind: Eric Coote Thomas Burke (21st,97); Dennis & Sylvia Kaye (22st, 20; 21st, 15); Ann Lister-Griffiths (22nd, 12); Daisy Wise (24th,23); Rose Doyle (25th,98)

Wanstead Prayer Diary: Buckingham Road, Burnham Crescent, Lorne Gardens, Deynecourt Gardens, Eton Manor Rugby Club, Wanstead Central Bowls Club, Wanstead and Snaresbrook Football Club, Drummond Tennis Club, Elm Hall Gardens, Gardener Close, Wanstead Dental practice, Preston Drive, Reydon Avenue, Eaton Rise, Laura Close, Ranelagh Gardens

HOME & HOSPITAL VISITS: Please let the Parish Office know if you would appreciate a visit by a member of the clergy, or if you know of someone who would. Mthr Anne can offer one-off visits for prayer and discussion (perhaps concerning a specific issue), in addition to on-going visits in the case of the elderly, sick and housebound.

NOTICES:

ANNUAL PAROCHIAL CHURCH MEETING THIS SUNDAY

The APCM will be held after the 9.30am service at Christ Church at 10.45am today, Sunday 19th May, in the Parish Hall at Christ Church.

MEMORIAL GARDENS AT CHRIST CHURCH AND ST MARY'S

A small group on behalf of the PCC are exploring ways in which to improve the memorial arrangements for interred remains in both St Mary's and Christ church. At St Mary's there is a need to identify a more suitable space for interred remains than that used at present. This is an opportunity to create a better more hospitable space with the opportunity to display memorial plaques. At Christ Church there is currently no authority to have a memorial to commemorate a loved one. Members of the congregation are invited to contribute ideas including suggestions of relevant places to visit. Please speak to Ralph Hall, Margaret Adams or a member of the ministry team.

MAY MUSIC FESTIVAL AT ST MARY'S

Saturday 25th to Monday 27th May. For more information, please pick up a flyer in either church.

WANSTEAD VILLAGE FETE

The village fete will take place on Saturday 15th June 2024 at 11am-3pm in the grounds of St Mary's. Entry is free. There will be a bouncy castle, Classic car show, BBQ & refreshments and stalls. Fly past expected over St Mary's at 1pm. We would be grateful for donations of home-made scones for the Village Fete. They can be dropped off any time before the 15th June (we can freeze them!) into the Parish office or at either Christ Church or St Mary's.

RETREAT AT AYLESFORD PRIORY

This will take place over the weekend of 19-20 October 2024 at Aylesford Priory in Kent. It will be led by members of the ministry teams in our local mission area, which includes our parish, Aldersbrook, and Woodford. The cost will be £230 for a single room and £200 for a shared room. For more information please see Fr. James or Fr. Charles.

MENTAL WELLBEING SUPPORT GROUP

Are you struggling? We warmly invite you to **A Place**, a mental wellbeing support group open to adults who wish to improve their mental wellbeing, irrespective of outlook on faith. Please join us in the Vestry at Christ Church at 5.30pm on the **First** Sunday of each month.

EAST LONDON CHORUS

Presents Mozart's 'Piccolomini' and Musical gems from Monteverdi to Mvula. 6.30pm Saturday 29th June 2024 at Christ Church Tickets £15 (under 25s £5) from www.eastlondonchorus.org.uk

FLOWER ARRANGERS REQUIRED

We are looking for more volunteers to help with flower arranging at Christ Church. It is not a big commitment and no previous experience is necessary. If you would like more information, please contact the Parish office.

SAFEGUARDING: For safeguarding concerns please contact Gary Vickers at wansteadparishsafeguarding@gmail.com or on 07551 680536.

In an emergency, contact the relevant authority such as the Police.

A reflection on this week's readings

From the readings for Sunday 19th May

John 15:26, 16:5-7, 12-13

But when the Comforter is come, whom I will send unto you from the Father, even the Spirit of truth, which proceedeth from the Father, he shall testify of me ... Now I go my way to him that sent me; and none of you asketh me, Whither goest thou? But because I have said these things unto you, sorrow hath filled your heart. Nevertheless I tell you the truth; It is expedient for you that I go away: for if I go not away, the Comforter will not come unto you; but if I depart, I will send him unto you.... I have yet many things to say unto you, but ye cannot bear them now. Howbeit when he, the Spirit of truth, is come, he will guide you into all truth:

AV (King James Bible)

But when the Counsellor comes, whom I shall send to you from the Father, even the Spirit of truth, who proceeds from the Father, he will bear witness to me ... Now I am going to him who sent me; yet none of you asks me, 'Where are you going?' But because I have said these things to you, sorrow has filled your hearts. Nevertheless I tell you the truth: it is to your advantage that I go away, for if I do not go away, the Counsellor will not come to you; but if I go, I will send him to you.... I have yet many things to say to you, but you cannot bear them now. When the Spirit of truth comes, he will guide you into all the truth

RSV

But when the helper comes, that is, the Spirit of truth, who comes from the Father and whom I myself will send to you from the Father, he will speak plainly about me.... Now the time has come for me to go away to the one who sent me. None of you asks me, 'Where are you going?' That is because you are so distressed at what I have told you. Yet I am telling you the simple truth when I assure you that it is a good thing for you that I should go away. For if I did not go away, the divine helper would not come to you. But if I go, then I will send him to you... I have much more to tell you but you cannot bear it now. Yet when that one I have spoken to you about comes—the Spirit of truth—he will guide you into everything that is true.

J B Phillips

When the Friend I plan to send you from the Father comes—the Spirit of Truth issuing from the Father—he will confirm everything about me... Now I am on my way to the One who sent me. Not one of you has asked, 'Where are you going?' Instead, the longer I've talked, the sadder you've become. So let me say it again, this truth: It's better for you that I leave. If I don't leave, the Friend won't come. But if I go, I'll send him to you... I still have many things to tell you, but you can't handle them now. But when the Friend comes, the Spirit of the Truth, he will take you by the hand and guide you into all the truth there is.

The Message

The Greek word *parakletos*, here variously translated as comforter, counsellor, helper or friend, means someone you can call on if you're in a court case, who can stand beside you and speak in your support. So all these translations convey something of the word's meaning (particularly if we recall that the original meaning of the verb "comfort" was "strengthen"). In the NT the word itself is only used by John, but here at least, in his vision of the Holy Spirit, he's at one with the other NT writers –particularly with St Paul.

Was John familiar with Paul's letters (written at least 40-50 years earlier)? It's impossible to know for sure but if he wasn't, then the parallel with Romans 8:26 is even more striking: "Likewise the Spirit helps us in our weakness; for we do not know how to pray as we ought, but the Spirit himself intercedes for us with sighs too deep for words." (RSV) In both cases the Spirit knows and understands us, helps us to articulate our deepest needs and feelings, and can tell us what we need to know. It's often said – and strictly it's true – that the Trinity is never mentioned in the Bible, but the theology of the Holy Spirit seems to have arisen spontaneously out of the experiences of the very earliest generations of Christians.

Dear God, we thank you for the gift of the Holy Spirit. We ask that you help us to hear and heed the promptings of your Spirit within us.

REGULAR WEEKLY EVENTS:

Tuesdays:	9am	Morning Prayer (CC)
	10am	Prayer Group (CC)
Wednesdays:	9am	Morning Prayer (CC)
	10am	Little Angels Playgroup (CC) <i>Term time only</i>
	4pm	Forget-Me-Nots Choir (St M's)
	8pm	Compline (St M's)
Thursdays:	9.45am	Morning Prayer (CC)
	10.30am	Holy Communion, coffee and chat (CC)
Fridays:	9am	Morning Prayer (St M's)
	7pm	The Bridge Youth Club for all age 10+ (Parish Hall)
	7pm	Parish Choir Practice (CC Vestry)

Bereavement Cafe: For all who have lost a loved one. Meets in CC vestry, 7-8pm on the second Tuesday and 10.30 - 11.30am on the third Tuesday of the month.

A Place: A group for spiritual wellbeing. We warmly welcome you to join us in the Vestry at Christ Church at 5.30pm on the **first** Sunday of each month.

LOOKING AHEAD: Sunday 26th May 2024 – Trinity

8am	Holy Communion BCP (CC)
9.30am	All Age Eucharist (CC)
11am	Sung Eucharist (STM)

PARISH OF WANSTEAD:

Rector:	Revd James Gilder (Day off: Mondays)
Assoc. Priest:	Revd Charles Brown (Works: Thurs, Fri, Sun)
Assistant Priests:	Revd Olive Thursby (High Street Chaplain) Revd Richard Wyber Revd Chris Mackenna Revd Anne Mackenna (Parish Deacon)

Parish Office: 020 8530 8743
wansteadparishadmin@uwclub.net
Mon-Weds, Fri during term time

GIVING:

It costs £4,000 per week to keep our parish running. Please consider making a regular donation.

Online: –
www.parishgiving.org.uk/donors/find-your-parish/wanstead-london/

Phone:
0333 002 1260, Parish code: 080608162

Email:
info@parishgiving.org.uk, Parish code:
080608162

Contact Jill Steggle (via Parish Office) for more details.