

**Sunday 1<sup>st</sup> March 2026**  
**2<sup>nd</sup> Sunday of Lent**



**Wanstead Parish**  
St Mary with Christ Church

[www.wansteadparish.org](http://www.wansteadparish.org)

**Services today:**

- 8am Holy Communion BCP (CC)**  
**9.30am Sung Eucharist with Junior Church (CC & Halls)**  
**9.45am Nursery Church (Halls)**  
**11am Morning Prayer CW (STM)**  
**5.30pm A Place (CC Vestry)**

**Eucharist Readings & Hymns:**

**Psalm 121**  
**Romans 4. 1-5, 13-17**  
**John 3. 1-17**

- 4** New every morning is the love  
**635** For the healing of the nations  
**127** Lord Jesus, think on me  
**827** Ye servants of God

**The Collect for the Week:**

Almighty God, you show to those who are in error the light of your truth, that they may return to the way of righteousness: grant to all those who are admitted into the fellowship of Christ's religion, that they may reject those things that are contrary to their profession, and follow all such things as are agreeable to the same; through our Lord Jesus Christ, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

**Prayers:**

**Those who are in need of prayer:** Kay Kingham, Molly Liok, Richard Coy, Janet Plastow, Andrew Bass, Liz Hickson, Jackie Wilkins, Jane Heath, Lin Taylor

**RIP:**

**Year's Mind:** Norah Green (1<sup>st</sup>, 86); Hywel Griffiths (1<sup>st</sup>, 89); Florence King (1<sup>st</sup>, 02); Godwin Birchenough Pr. (3<sup>rd</sup>, 53); Joyce Pearce (3<sup>rd</sup>, 93); Vera Brown (3<sup>rd</sup>, 97); Majorie Burke (3<sup>rd</sup>, 01); Valerie Gritten (4<sup>th</sup>, 22); Joyce Symes (6<sup>th</sup>, 74); John Kale (6<sup>th</sup>, 97); Bill Wildman (6<sup>th</sup>, 01); Phillip Fordham Pr. (7<sup>th</sup>, 99); Beatrice Smith (7<sup>th</sup>, 18)

**Wanstead Prayer Diary:** Verisure, Barber Club, I Flash – Smart Tech, Otto, Café Brunch, THP Chartered Accountants, Luppolo, Churchills, Petty Son and Prestwich, Wanstead Kebab House, Wanstead Hairdressers, Bambino

## NOTICES

**A PLACE** - A group for spiritual wellbeing meets today, **Sunday 1<sup>st</sup> March**, in the Vestry at Christ Church at 5.30pm. All welcome.

**THIS YEAR'S LENT COURSE:** Sunday evenings, starting 22nd Feb for five sessions: 7.30pm-9pm in Christ Church Vestry (you're welcome to bring along some wine or other refreshments!) or Thursday mornings, starting 19<sup>th</sup> Feb for five sessions: 11.45-1pm in Christ Church Vestry. *Even though the course has started, all are welcome anytime and it is not necessary to have read the book.* Please contact the Parish Office for more information.

**TUESDAY MORNING PRAYER GROUP:** The Prayer Group will not meet for a few weeks - until further notice. Please contact the Parish Office for more information.

**CHORAL EVENSONG: Sunday 8<sup>th</sup> March 6.30pm at St Mary's**

The choir will sing: Responses: Joanna Forbes L'Estrange, Canticles: Ireland in F, Anthem: Ireland, Greater Love. All welcome.

**TEAS & COFFEES AT CHRIST CHURCH:** The refreshments rota is looking rather empty! If you could help with refreshments after the 9.30am service at Christ Church, please contact Sue Fitzgerald by email: [susan\\_fitzgerald@hotmail.com](mailto:susan_fitzgerald@hotmail.com) – any help would be greatly appreciated.

**TEXTILE HANGINGS IN CHRIST CHURCH:** You will have noticed the hangings in Christ Church above the High Altar and behind the pulpit and the lectern. The next phase in the project is to make small hangings to go on the pillars in Christ Church. We thought it would be good to have pictures of animals or plants from the bible, and we would like suggestions from the congregation. We would also like to include the biblical reference on the hanging. Please would you put the name of the plant or animal, plus the biblical reference in the suggestion boxes provided in each church. Many thanks, Sue Oldham and Rachel Riches

**BRIGHTENING CHRIST CHURCH'S PORCH FOR EASTER:** Are you looking for a Lent craft project? Do you have a stash of small amounts of colourful wool? We'd like to cover Christ Church's porch gates with knitted and crocheted flowers and leaves for Easter. Create your flowers and leaves and leave them in the box by the door in Christ Church during Lent, and we'll attach them to the gates in time for our Easter Sunday service. We have a sheet with some patterns on to get you started, but please don't feel limited to these patterns - get creative! There are loads of patterns on the internet and in books. Please email the Parish Office for a sheet or collect from the welcome desk in Christ Church or St Mary's.

**HOME AND HOSPITAL VISITS:** Please let the Parish Office know if you would appreciate a visit by a member of the clergy, or if you know of someone who would. Mthr Anne can offer one-off visits for prayer and discussion (perhaps concerning a specific issue), in addition to on-going visits in the case of the elderly, sick and housebound.

**SAFEGUARDING:** For safeguarding concerns please contact Avril Carnelley on 07905 764343 or at [wansteadparishsafeguarding@gmail.com](mailto:wansteadparishsafeguarding@gmail.com). In an emergency, contact the relevant authority such as the Police.



Wanstead Parish  
St Mary with Christ Church

# **Mothering Sunday**

## **15 March 2026**

**9.30am Christ Church**

*Children will be making posies to give out*

**11am St Mary's**

*Please join us for refreshments  
after both services*

## REGULAR WEEKLY EVENTS:

<b>Tuesdays:</b>	<b>9am</b>	Morning Prayer (CC)
	<b>10.30am</b>	Prayer Group (CC)
<b>Wednesdays:</b>	<b>9am</b>	Morning Prayer (CC)
	<b>8pm</b>	Compline (St M's)
<b>Thursdays:</b>	<b>9.45am</b>	Morning Prayer (CC)
	<b>10.30am</b>	Holy Communion, coffee and chat (CC)
<b>Fridays:</b>	<b>9am</b>	Morning Prayer (St M's)
	<b>10.30am</b>	Forget-Me-Nots Choir (St M's)
	<b>7pm</b>	The Bridge Youth Club (Parish Halls) <i>Term time only</i>
	<b>7pm</b>	Parish Choir Practice (CC Vestry)

**Bereavement Cafe:** For all who have lost a loved one. Meets in CC vestry, 10.30 - 11.30am on the **third Tuesday** of the month.

**A Place:** A group for spiritual wellbeing. We warmly welcome you to join us in the Vestry at Christ Church at 5.30pm on the **first Sunday** of each month.

## LOOKING AHEAD:

### Sunday 8<sup>th</sup> March – 3rd Sunday of Lent

<b>8am</b>	<b>Holy Communion BCP (CC)</b>
<b>9.30am</b>	<b>Sung Eucharist with Junior Church (CC &amp; Halls)</b>
<b>9.45am</b>	<b>Nursery Church (Halls)</b>
<b>11am</b>	<b>Sung Eucharist (STM)</b>
<b>6.30pm</b>	<b>Choral Evensong (STM)</b>

## PARISH OF WANSTEAD:

**Rector:** Revd James Gilder  
[jbgilder@hotmail.com](mailto:jbgilder@hotmail.com) / 07729 109638  
(Day off: Mondays)

**Assoc. Priest:** Revd Charles Brown  
(Works: Thurs, Fri, Sun)

**Curate:** Revd David Lappano

**Assistant Priests:**  
Revd Olive Thursby (High Street Chaplain)  
Revd Richard Wyber  
Revd Chris Mackenna  
Revd Anne Mackenna (Parish Deacon)  
Revd Liz Horwell

**Parish Office:** 020 8530 8743  
[office@parishofwanstead.org](mailto:office@parishofwanstead.org)  
Mon-Thurs 9am-1pm

## GIVING:

It costs **£4,000 per week** to keep our parish running. Please consider making a regular donation.

**Online:** [www.parishgiving.org.uk/donors/find-your-parish/wanstead-london/](http://www.parishgiving.org.uk/donors/find-your-parish/wanstead-london/)

**Phone:** 0333 002 1260

Parish code: 080608162

**Email:** [info@parishgiving.org.uk](mailto:info@parishgiving.org.uk)

Parish code: 080608162

**Contact Jill Steggle for more details by email:**  
[giving.wanstead@gmail.com](mailto:giving.wanstead@gmail.com)