

**Sunday 7<sup>th</sup> June 2026**  
**1<sup>st</sup> Sunday after Trinity**



**Wanstead Parish**  
St Mary with Christ Church

[www.wansteadparish.org](http://www.wansteadparish.org)

**Services today:**

- 8am Holy Communion BCP (CC)**  
**9.30am Sung Eucharist with Junior Church (CC & Halls)**  
**9.45am Nursery Church (Halls)**  
**11am Morning Prayer CW (STM)**  
**12.45pm Love your burial ground walk (CC)**  
**1.30pm Baptism (CC)**  
**4pm Faith Seeking Understanding Lecture Series (CC)**  
**5.30pm A Place (CC Vestry)**

**Eucharist Readings & Hymns:**

**Romans 4. 13-end**  
**Psalms 50. 7-15**  
**Matthew 9. 9-13, 18-26**

- 510** Will you come and follow me  
**675** Immortal Love for ever whole  
**455** My God, and is thy table spread  
**593** At the name of Jesus

**The Collect for the Week:**

O God, the strength of all those who put their trust in you, mercifully accept our prayers and, because through the weakness of our mortal nature we can do no good thing without you, grant us the help of your grace, that in the keeping of your commandments we may please you both in will and deed; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

**Prayers:**

**Those who are in need of prayer:** Kay Kingham, Richard Coy, Liz Hickson, Jackie Wilkins, Jane Heath, Thomas, Amelia Nash

**RIP:** Gillian Hornsey, Terry Warren, Molly Liok, Jake Hall

**Year's Mind:** Joan Mollett (7<sup>th</sup>, 99); Linda Brunell (11<sup>th</sup>, 05)

**Wanstead Prayer Diary:** George Green, Kindred Nursery, Felstead Road, Tennyson Avenue, Blake Hall Road, Selsdon Road, Woodcote Road, Bush Road, Wanstead Quaker Meeting House, Wanstead Church School, Church Path, Wanstead Place Surgery, Wanstead Place, Greystone Mews, Spratt Hall Road

## NOTICES

**BAPTISM THIS SUNDAY:** The church welcomes with great joy today the family and friends of Isaac Edwards whose Baptism will take place at Christ Church. Please keep Isaac and his family and Godparents in your prayers.

**FUNERALS:** A memorial service to celebrate the life of **Terry Warren** will take place in Christ Church on **Thursday 11<sup>th</sup> June at 12noon**. Please remember the family and friends of Terry in your prayers.

**LOVE YOUR BURIAL GROUNDS WALK – Sunday 7<sup>th</sup> June, 12.45pm starting at Christ Church:** Visit three Wanstead & Leytonstone burial grounds/gardens and discover nature on your doorstep. The walk starts at Christ Church at 12.45pm then to St Mary's to arrive at 1.35pm, then on to Wanstead Quaker Meeting House (2.30pm arrival) finishing with tea & cake. See the flyers and posters in church or ask Fr David for more information.

**A PLACE:** A group for mental wellbeing. We warmly welcome you to join us in the Vestry at Christ Church at **5.30pm today, Sunday 7<sup>th</sup> June**.

**FOREST SCHOOL SUMMER CONCERT AT CHRIST CHURCH, WEDNESDAY 10<sup>TH</sup> JUNE, 1.30PM:** The choristers of Forest School perform music by Stanford, Fauré and others. Admission Free – All welcome!

**WANSTEAD VILLAGE FETE – SATURDAY 13<sup>TH</sup> JUNE, 11-3PM, ST MARY'S:** Bouncy castle, classic car show, BBQ & licenced bar, crazy golf, live music, stalls and lots more family fun! The fly past is expected at 1pm. Free entry!

**HOME-MADE CAKES NEEDED!** – We need home made cake to sell at the Village Fete on Saturday. If you can make a cake or two it would be greatly appreciated. Please deliver your baked goods to Lauren at St Mary's at 10am on Saturday. Thank you!

**LOSS & BEREAVEMENT CAFÉ:** Meets on **Tuesday 16<sup>th</sup> June** in Christ Church Vestry at 10.30am. A supportive informal meeting space with a hot drink and a friendly welcome for all those coming to terms with loss and bereavement. All welcome.

**TEA & FELLOWSHIP:** will take place on **Sunday 21<sup>st</sup> June, at 3pm** in the Vestry at Christ Church. Please join us for chat and tea & cake. We look forward to welcoming you.

**PICNIC SUNDAY – 28<sup>TH</sup> JUNE, 11AM AT ST MARY'S:** Join us for a Family Eucharist service outside in the grounds of St Mary's. Bring a picnic and enjoy a fun and sociable time together afterwards. \*Please note there will be no 9.30am Eucharist at Christ Church that day.

**HOME AND HOSPITAL VISITS:** Please let the Parish Office know if you would appreciate a visit by a member of the clergy, or if you know of someone who would. Mthr Anne can offer one-off visits for prayer and discussion (perhaps concerning a specific issue), in addition to on-going visits in the case of the elderly, sick and housebound.

**SAFEGUARDING:** For safeguarding concerns please contact Avril Carnelley on 07905 764343 or at [wansteadparishsafeguarding@gmail.com](mailto:wansteadparishsafeguarding@gmail.com). In an emergency, contact the relevant authority such as the Police.

## A reflection on this week's readings:

### From the readings for Sunday 7 June

Romans 4:16-18

Therefore *it is* of faith, that *it might be* by grace; to the end the promise might be sure to all the seed; not to that only which is of the law, but to that also which is of the faith of Abraham; who is the father of us all, (as it is written, I have made thee a father of many nations,) before him whom he believed, even God, who quickeneth the dead, and calleth those things which be not as though they were. Who against hope believed in hope, that he might become the father of many nations. **AV (King James Bible)**

That is why it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants—not only to the adherents of the law but also to those who share the faith of Abraham, for he is the father of us all, as it is written, “I have made you the father of many nations”—in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist. In hope he believed against hope, that he should become the father of many nations **RSV**

The whole thing, then, is a matter of faith on man's part and generosity on God's. He gives the security of his own promise to all men who can be called “children of Abraham”, i.e. both those who have lived in faith by the Law, and those who have exhibited a faith like that of Abraham. To whichever group we belong, Abraham is in a real sense our father, as the scripture says: ‘I have made you a father of many nations’. This faith is valid because of the existence of God himself, who can make the dead live, and speak his Word to those who are yet unborn. Abraham, when hope was dead within him, went on hoping in faith, believing that he would become “the father of many nations” **J B Phillips**

And so the promise was based on faith, in order that the promise should be guaranteed as God's free gift to all of Abraham's descendants—not just to those who obey the Law, but also to those who believe as Abraham did. For Abraham is the spiritual father of us all; as the scripture says, “I have made you father of many nations.” So the promise is good in the sight of God, in whom Abraham believed—the God who brings the dead to life and whose command brings into being what did not exist. Abraham believed and hoped, even when there was no reason for hoping, and so became “the father of many nations.”

**Good News Bible**

Not the easiest of texts – the AV sticks quite close to the condensed Greek of the original, while all the more recent versions, including the normally conservative RSV, feel the need to expand somewhat to communicate the meaning. It was probably quite dense and difficult for its original readers, though some at least may have been familiar with arguments around these ideas in their churches. It (and the longer reading from which it is taken) brings together several of Paul's key ideas at an important point in the text as a whole. Both Jews and Christians (whether of Jewish or Gentile background) are equally “children of Abraham”. God promised Abraham that **all** nations would be blessed through him. Jews (those under the Law, i.e. the Law of Moses) have no special privileges. Paul is quite ambivalent about whether that Law was ever a good thing, and is often negative about it.

It was Abraham's **faith**, his loving trust that God would fulfil his promises however unlikely this seemed, which made him “righteous” or “justified” – both rather unsatisfactory terms, but we could say it put him in a right relationship with God. It's that loving trust that we as Christians are invited to share. It's not an easy trust to feel at times, particularly when life seems hard and the world full of terrible dangers, but Abraham was given, and we're offered, the **grace** to share it. We're offered that grace through the life, death and resurrection of Jesus; Paul offers a wonderful evocation of the power and generosity of God in what seems like an aside but is actually his key point “God ...gives life to the dead and calls into existence the things that do not exist” (RSV).

*Lord we ask that, through the grace of your son Jesus, we may grow in faith and show in our own lives the same loving trust in you that Abraham showed. Lord, into your hands ....*

## REGULAR WEEKLY EVENTS:

<b>Tuesdays:</b>	<b>9am</b>	Morning Prayer (CC)
	<b>10.30am</b>	Prayer Group (CC)
<b>Wednesdays:</b>	<b>9am</b>	Morning Prayer (CC)
	<b>8pm</b>	Compline (St M's)
<b>Thursdays:</b>	<b>9.45am</b>	Morning Prayer (CC)
	<b>10.30am</b>	Holy Communion, coffee and chat (CC)
<b>Fridays:</b>	<b>9am</b>	Morning Prayer (St M's)
	<b>10.30am</b>	Forget-Me-Nots Choir (St M's)
	<b>7pm</b>	The Bridge Youth Club (Parish Halls) <i>Term time only</i>
	<b>7pm</b>	Parish Choir Practice (CC Vestry)

**Bereavement Cafe:** For all who have lost a loved one. Meets in CC vestry, 10.30 - 11.30am on the **third Tuesday** of the month.

**A Place:** A group for mental wellbeing. We warmly welcome you to join us in the Vestry at Christ Church at 5.30pm on the **first Sunday** of each month.

## LOOKING AHEAD:

### Sunday 14<sup>th</sup> June – 2<sup>nd</sup> Sunday after Trinity

<b>8am</b>	<b>Holy Communion BCP (CC)</b>
<b>9.30am</b>	<b>Sung Eucharist with Junior Church (CC &amp; Halls)</b>
<b>9.45am</b>	<b>Nursery Church (Halls)</b>
<b>11am</b>	<b>Sung Eucharist (STM)</b>

## PARISH OF WANSTEAD:

**Rector:** Revd James Gilder  
[jbgilder@hotmail.com](mailto:jbgilder@hotmail.com) / 07729 109638  
(Day off: Mondays)

**Assoc. Priest:** Revd Charles Brown  
(Works: Thurs, Fri, Sun)

**Curate:** Revd David Lappano

**Assistant Priests:**  
Revd Olive Thursby (High Street Chaplain)  
Revd Richard Wyber  
Revd Chris Mackenna  
Revd Anne Mackenna (Parish Deacon)  
Revd Liz Horwell

**Parish Office:** 020 8530 8743  
[office@parishofwanstead.org](mailto:office@parishofwanstead.org)  
Mon-Thurs 9am-1pm

## GIVING:

It costs **£4,000 per week** to keep our parish running. Please consider making a regular donation.

**Online:** [www.parishgiving.org.uk/donors/find-your-parish/wanstead-london/](http://www.parishgiving.org.uk/donors/find-your-parish/wanstead-london/)

**Phone:** 0333 002 1260

Parish code: 080608162

**Email:** [info@parishgiving.org.uk](mailto:info@parishgiving.org.uk)

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**Contact Jill Steggle for more details by email:**  
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