

Sunday 8th February 2026

Sexagesima

2nd Sunday before Lent



Wanstead Parish

St Mary with Christ Church

www.wansteadparish.org

Services today:

- 8am Holy Communion BCP (CC)**
9.30am Sung Eucharist with Junior Church (CC & Halls)
9.45am Nursery Church (Halls)
11am Sung Eucharist (STM)
6.30pm Choral Evensong (STM)

Eucharist Readings & Hymns:

Psalm 136
Romans 8. 18-25
Matthew 6. 25-end

- 676** Immortal, invisible, God only wise
460 O thou, who at thy Eucharist
236 Breathe on me, Breath of God
826 Ye holy angels bright

The Collect for the Week:

Almighty God, you have created the heavens and the earth and made us in your own image: teach us to discern your hand in all your works and your likeness in all your children; through Jesus Christ your Son our Lord, who with you and the Holy Spirit reigns supreme over all things, now and for ever.

Prayers:

Those who are in need of prayer: Kay Kingham, Molly Liok, Richard Coy, Janet Plastow, Andrew Bass, Liz Hickson, Jackie Wilkins, Jane Heath

RIP: Charles Rumsey, Terry Gadd, Julie Black, Sophia Goldman

Year's Mind: John Langford (8th, 13); Victor Saunders (10th, 94); Paul Bowen Pr. (10th, 11); Alice Course (13th, 98); Gwen West (14th, 22); Pen Garlick (14th, 23)

Wanstead Prayer Diary: Our Lady of Lourdes Catholic Church, Dangan Road, Chaucer Road, Addison Road, Chestnut Drive, Highstone Avenue, Cambridge Park Road, Gordon Road, St Joseph's Convent, Chestnut Manor Care Home, Cambridge Nursing Home, Lonsdale Road, Bungalow Café, Wanstead Library, Cherry Tree Café

NOTICES

CHORAL EVENSONG TODAY: Sunday 8th February 6.30pm at St Mary's

The choir will sing: Responses: Joanna Forbes L'Estrange, Canticles: Walmisley in D Minor, Anthems: We shall walk through the Valley: Undine Smith Moore & Jubilate Deo in C: Britten

PLEASE BRING YOUR PALM CROSSES TO CHURCH: Traditionally Ash Wednesday ashes are created by burning the palm crosses from the previous year. Please bring any palm crosses you may have at home so that they may be used for the ashes this year. You can hand them to a sidesperson at either church. Thank you.

READ THE WHOLE OF JOHN'S GOSPEL through with us on **Shrove Tuesday evening** (pancakes will be provided!) **The Rectory, 6.30pm onwards, Tuesday 17th Feb.**

ASH WEDNESDAY SERVICES: 18th February, 12 Noon Eucharist with Ashing at St Mary's & **8pm** Eucharist with Ashing at Christ Church. All Welcome.

THIS YEAR'S LENT COURSE: focuses on the Gospel of John. Our chosen book, '*Finding God in John*' (£10.99 SPCK) is written by David Ford, formerly Regius Professor of Divinity at Cambridge University. Don't worry though - it's not a complex religious textbook! Instead, Professor Ford has written an accessible book that helps us to explore who John says Jesus really was. **Sunday evenings, starting 22nd Feb for five sessions: 7.30pm-9pm in Christ Church Vestry** (you're welcome to bring along some wine or other refreshments!) **Thursday mornings, starting 19th Feb for five sessions: 11.45-1pm in Christ Church Vestry.**

Sign-up sheets in both churches for both the Gospel reading and the Lent course.

PERGOLES STABAT MATER, GOOD FRIDAY 3RD APRIL, 12 NOON, ST MARY'S:

We are inviting singers from our area to join the Parish Choir for this performance as part of our Good Friday Liturgy. There will be 4 rehearsals from 7-9pm at St Mary's on the following dates: Feb 19th, March 5th, March 19th & March 31st. (We ask people to commit to at least 3 rehearsals.) To sign up or for more details, please contact Alison Wells: wansteadparishchoir@gmail.com

EXPLORING THE BASICS: If you are new to the church and would like to learn more about the faith, please speak to Fr Charles or contact him by email: chbrown1816@gmail.com

WALSINGHAM PILGRIMAGE: The annual pilgrimage to Walsingham will take place on 17th-19th July 2026 and we have a limited number of places available to offer. The cost of the weekend is £209.78 per person on a full-board basis. A non-refundable deposit of £40 is payable when reserving a place and the final balance payment is due by the end of June. Please contact the Parish Office to book a place or for further details.

HOME AND HOSPITAL VISITS: Please let the Parish Office know if you would appreciate a visit by a member of the clergy, or if you know of someone who would. Mthr Anne can offer one-off visits for prayer and discussion (perhaps concerning a specific issue), in addition to on-going visits in the case of the elderly, sick and housebound.

SAFEGUARDING: For safeguarding concerns please contact Avril Carnelley on 07905 764343 or at wansteadparishsafeguarding@gmail.com. In an emergency, contact the relevant authority such as the Police.



Ash Wednesday

18 FEBRUARY 2026

12 NOON EUCHARIST WITH ASHING
AT ST MARY'S

8PM EUCHARIST WITH ASHING
AT CHRIST CHURCH

ALL WELCOME



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REGULAR WEEKLY EVENTS:

Tuesdays:	9am	Morning Prayer (CC)
	10.30am	Prayer Group (CC)
Wednesdays:	9am	Morning Prayer (CC)
	8pm	Compline (St M's)
Thursdays:	9.45am	Morning Prayer (CC)
	10.30am	Holy Communion, coffee and chat (CC)
Fridays:	9am	Morning Prayer (St M's)
	10.30am	Forget-Me-Nots Choir (St M's)
	7pm	The Bridge Youth Club (Parish Halls) <i>Term time only</i>
	7pm	Parish Choir Practice (CC Vestry)

Bereavement Cafe: For all who have lost a loved one. Meets in CC vestry, 10.30 - 11.30am on the **third Tuesday** of the month.

A Place: A group for spiritual wellbeing. We warmly welcome you to join us in the Vestry at Christ Church at 5.30pm on the **first Sunday** of each month.

LOOKING AHEAD:

Sunday 15th February – Quinquagesima

8am	Holy Communion BCP (CC)
9.30am	Sung Eucharist with Junior Church (CC & Halls)
9.45am	Nursery Church (Halls)
11am	Morning Prayer BCP (STM)
3pm	Tea & Fellowship (CC Vestry)

PARISH OF WANSTEAD:

Rector: Revd James Gilder
jbgilder@hotmail.com / 07729 109638
(Day off: Mondays)

Assoc. Priest: Revd Charles Brown
(Works: Thurs, Fri, Sun)

Curate: Revd David Lappano

Assistant Priests:
Revd Olive Thursby (High Street Chaplain)
Revd Richard Wyber
Revd Chris Mackenna
Revd Anne Mackenna (Parish Deacon)
Revd Liz Horwell

Parish Office: 020 8530 8743
office@parishofwanstead.org
Tue-Thurs 9am-1pm

GIVING:

It costs £4,000 per week to keep our parish running. Please consider making a regular donation.

Online: www.parishgiving.org.uk/donors/find-your-parish/wanstead-london/

Phone: 0333 002 1260

Parish code: 080608162

Email: info@parishgiving.org.uk

Parish code: 080608162

Contact Jill Steggle for more details by email:
giving.wanstead@gmail.com