

**Sunday 15<sup>th</sup> February 2026**

**Quinquagesima**

**Sunday next before Lent**



**Wanstead Parish**

St Mary with Christ Church

[www.wansteadparish.org](http://www.wansteadparish.org)

**Services today:**

<b>8am</b>	<b>Holy Communion BCP (CC)</b>
<b>9.30am</b>	<b>Sung Eucharist with Junior Church (CC &amp; Halls)</b>
<b>9.45am</b>	<b>Nursery Church (Halls)</b>
<b>11am</b>	<b>Morning Prayer BCP (STM)</b>
<b>3pm</b>	<b>Tea &amp; Fellowship (CC Vestry)</b>

**Eucharist Readings & Hymns:**

**Psalm 2**

**2 Peter 1. 16-end**

**Matthew 17. 1-9**

**2** Christ, whose glory fills the skies

**769** Rejoice! The Lord is King

**281** 'Tis good, Lord, to be here

**506** The church's one foundation

**The Collect for the Week:**

Almighty Father, whose Son was revealed in majesty before he suffered death upon the cross: give us grace to perceive his glory, that we may be strengthened to suffer with him and be changed into his likeness, from glory to glory; who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

**Prayers:**

**Those who are in need of prayer:** Kay Kingham, Molly Liok, Richard Coy, Janet Plastow, Andrew Bass, Liz Hickson, Jackie Wilkins, Jane Heath, Lin Taylor

**RIP:** Terry Gadd, Julie Black, Sophia Goldman

**Year's Mind:** Rex Eastment Pr. (17<sup>th</sup>, 79); Kate Wolpert (17<sup>th</sup>, 02); John Howitt Pr. (19<sup>th</sup>, 97); Colin Tebbutt (19<sup>th</sup>, 18); George Brown (20<sup>th</sup>, 00); Rose Clayton (21<sup>st</sup>, 90)

**Wanstead Prayer Diary:** Cambridge Park Road, Belgique Café, Treehouse Nursery, Ashford Associates, Crown law, Biketrax, Global News, Dama de Elche, Kuddus Solicitors, Wanstead Mental Health Clinic, Sunshine speech Therapy, Best One, Coriander, Smile in London, A.S. Jones Solicitor, Westminster Court, Treehouse Nursery

**HOME AND HOSPITAL VISITS:** Please let the Parish Office know if you would appreciate a visit by a member of the clergy, or if you know of someone who would. Mthr Anne can offer one-off visits for prayer and discussion (perhaps concerning a specific issue), in addition to on-going visits in the case of the elderly, sick and housebound.

## NOTICES

**TEA & FELLOWSHIP:** will take place **today, Sunday 15<sup>th</sup> February, at 3pm** in the Vestry at Christ Church. Please join us for chat and tea & cake. We look forward to welcoming you.

**TUESDAY MORNING PRAYER GROUP:** The Prayer Group will not meet for a few weeks - until further notice. Please contact the Parish Office for more information.

**NO COMPLINE THIS WEEK:** Please see the notices for Ash Wednesday services instead.

**READ THE WHOLE OF JOHN'S GOSPEL** through with us on **Shrove Tuesday evening** (pancakes will be provided!) **The Rectory, 6.30pm onwards, Tuesday 17<sup>th</sup> Feb.**

**THIS YEAR'S LENT COURSE:** focuses on the Gospel of John. Our chosen book, *'Finding God in John'* (£10.99 SPCK) is written by David Ford, formerly Regius Professor of Divinity at Cambridge University. Don't worry though - it's not a complex religious textbook! Instead, Professor Ford has written an accessible book that helps us to explore who John says Jesus really was. **Sunday evenings, starting 22nd Feb for five sessions: 7.30pm-9pm in Christ Church Vestry** (you're welcome to bring along some wine or other refreshments!) **Thursday mornings, starting 19<sup>th</sup> Feb for five sessions: 11.45-1pm in Christ Church Vestry.**

*Sign-up sheets in both churches for both the Gospel reading and the Lent course.*

**RECRUITING BUDDIES AND MORE WELCOMERS AT 9.30:** Sadly, our recruiting drive for Buddies and more Welcomers has not been very successful so far: at present we have only 1 person willing to be a buddy in the hall and 3 people willing to sit alongside a newcomer in the pew during the 9.30 service. No one signed up to join the Welcomers' team. So, unless more people are willing to come forward, we will not be able to run a Buddy system to help make newcomers welcome at this time. So please can I put out one last plea: if you might feel called to help in this way – either by being a buddy or a welcomer - please look at the leaflet in church on Sunday (copies at the Welcomer desk) which outlines what each role entails - and sign up on the sheet on the side near the Welcome Notice Board. Signing up does not commit you to anything except to explore with us what the roles might look like. You can make a decision after that. If you want to discuss further you can email me at [ehorwell@hotmail.com](mailto:ehorwell@hotmail.com) or phone me on 077930 36805. Revd Liz ☺

**HANGINGS IN CHRIST CHURCH:** You will have noticed the hangings in Christ Church above the High Altar and behind the pulpit and the lectern. The next phase in the project is to make small hangings to go on the pillars in Christ Church. We thought it would be good to have pictures of animals or plants from the bible, and we would like suggestions from the congregation. We would also like to include the biblical reference on the hanging. Please would you put the name of the plant or animal, plus the biblical reference in the suggestion boxes provided in each church. Many thanks, Sue Oldham and Rachel Riches

**BRIGHTENING CHRIST CHURCH'S PORCH FOR EASTER:** Are you looking for a Lent craft project? Do you have a stash of small amounts of colourful wool? We'd like to cover Christ Church's porch gates with knitted and crocheted flowers and leaves for Easter. Create your flowers and leaves and leave them in the box by the door in Christ Church during Lent, and we'll attach them to the gates in time for our Easter Sunday service. We have a sheet with some patterns on to get you started, but please don't feel limited to these patterns - get creative! There are loads of patterns on the internet and in books. Please email the Parish Office for a sheet or collect from the welcome desk in Christ Church or St Mary's.

**SAFEGUARDING:** For safeguarding concerns please contact Avril Carnelley on 07905 764343 or at [wansteadparishsafeguarding@gmail.com](mailto:wansteadparishsafeguarding@gmail.com). In an emergency, contact the relevant authority such as the Police.



# *Ash Wednesday*

18 FEBRUARY 2026

12 NOON EUCHARIST WITH ASHING  
AT ST MARY'S

8PM EUCHARIST WITH ASHING  
AT CHRIST CHURCH

ALL WELCOME



[WWW.WANSTEADPARISH.ORG](http://WWW.WANSTEADPARISH.ORG)

## REGULAR WEEKLY EVENTS:

<b>Tuesdays:</b>	<b>9am</b>	Morning Prayer (CC)
	<b>10.30am</b>	Prayer Group (CC)
<b>Wednesdays:</b>	<b>9am</b>	Morning Prayer (CC)
	<b>8pm</b>	Compline (St M's)
<b>Thursdays:</b>	<b>9.45am</b>	Morning Prayer (CC)
	<b>10.30am</b>	Holy Communion, coffee and chat (CC)
<b>Fridays:</b>	<b>9am</b>	Morning Prayer (St M's)
	<b>10.30am</b>	Forget-Me-Nots Choir (St M's)
	<b>7pm</b>	The Bridge Youth Club (Parish Halls) <i>Term time only</i>
	<b>7pm</b>	Parish Choir Practice (CC Vestry)

**Bereavement Cafe:** For all who have lost a loved one. Meets in CC vestry, 10.30 - 11.30am on the **third Tuesday** of the month.

**A Place:** A group for spiritual wellbeing. We warmly welcome you to join us in the Vestry at Christ Church at 5.30pm on the **first Sunday** of each month.

## LOOKING AHEAD:

### Wednesday 18<sup>th</sup> February – Ash Wednesday

<b>12 Noon</b>	<b>Eucharist with Ashing (STM)</b>
<b>8pm</b>	<b>Eucharist with Ashing (CC)</b>

### Sunday 22<sup>nd</sup> February – 1<sup>st</sup> Sunday of Lent

<b>8am</b>	<b>Holy Communion BCP (CC)</b>
<b>9.30am</b>	<b>Family Eucharist (CC)</b>
<b>11am</b>	<b>Sung Eucharist (STM)</b>

## PARISH OF WANSTEAD:

**Rector:** Revd James Gilder  
[jbgilder@hotmail.com](mailto:jbgilder@hotmail.com) / 07729 109638  
(Day off: Mondays)

**Assoc. Priest:** Revd Charles Brown  
(Works: Thurs, Fri, Sun)

**Curate:** Revd David Lappano

**Assistant Priests:**  
Revd Olive Thursby (High Street Chaplain)  
Revd Richard Wyber  
Revd Chris Mackenna  
Revd Anne Mackenna (Parish Deacon)  
Revd Liz Horwell

**Parish Office:** 020 8530 8743  
[office@parishofwanstead.org](mailto:office@parishofwanstead.org)  
Tue-Thurs 9am-1pm

## GIVING:

**It costs £4,000 per week to keep our parish running. Please consider making a regular donation.**

**Online:** [www.parishgiving.org.uk/donors/find-your-parish/wanstead-london/](http://www.parishgiving.org.uk/donors/find-your-parish/wanstead-london/)

**Phone:** 0333 002 1260

Parish code: 080608162

**Email:** [info@parishgiving.org.uk](mailto:info@parishgiving.org.uk)

Parish code: 080608162

**Contact Jill Steggle for more details by email:**  
[giving.wanstead@gmail.com](mailto:giving.wanstead@gmail.com)