

Sunday 21st December 2025
4th Sunday of Advent



Wanstead Parish
St Mary with Christ Church

www.wansteadparish.org

Services today:

8am Holy Communion BCP (CC)
9.30am Sung Eucharist with Junior Church (CC & Halls)
9.45am Nursery Church (Halls)
11am Morning Prayer BCP (STM)
6.30pm Nine Lessons and Carols (STM)

Eucharist Readings & Hymns:

Psalm 80. 1-8, 18-20

Romans 1. 1-7

Matthew 1. 18-end

45 – O come, O come, Emmanuel

32 – Come, thou Redeemer of the earth

712 – Lord Jesus Christ

30 – Come thou long expected Jesus

The Collect for the Week:

God our redeemer, who prepared the Blessed Virgin Mary to be the mother of your Son: grant that, as she looked for his coming as our saviour, so we may be ready to greet him when he comes again as our judge; who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

Prayers:

Those who are in need of prayer: Margaret Watts, Pam Messum, Kay Kingham, Kay Sheikh, Julie Black, Sally Hurd, Charlotte, Ann Cheetham, Chris Cummins, Patricia Head, Richard Francis, Barbara Ridley, Tina Veldi, Eli, Liz Hickson, Molly Liok, Divil Veldi, Jackie Wilkins, Janet Plastow, Wendy, Louisa Hepworth, Andrew Bass, Tricia Don, Jane Heath, Jennifer Hale, Michael, Terry Gadd, Viv Aylward

RIP:

Year's Mind: Desmond Carnelley Pr. (23rd, 20); Desmond Gritten (24th, 09); Richard Sharp (24th, 09); Irene Garlick (25th, 01); Moya Jones (25th, 24); William Thursby (26th, 79)

Wanstead Prayer Diary: Cranbourne Avenue, Ashbourne Avenue, Colvin Gardens, Nelson Road, Rodney Road, Elmcroft Avenue, The Duke, Wellington Road, Halstead Road, Cowley Road, Elmcroft Close

NOTICES

WHIPPS CROSS HOSPITAL CAROLS – The Inter-Faith Chaplaincy invites us to sing carols on the wards with the Chaplaincy team, Tuesday 23rd December, 5-7pm, meet in the Chapel, 1st floor, junction 5 (near the black cat). Contact: jamesbernard.eaton@nhs.net for more information. All welcome.

On your own Christmas Day? Why not come and be with friendly company at our **FREE CHRISTMAS DAY LUNCH – 25th December, 1pm, The Parish Halls, Christ Church E11 2SW. Pre-booking is essential.** Please only book a ticket if you definitely intend to come. Thank you to The Duke for again generously supporting this event. Please see the weekly email to book online or please contact the parish office to book a place: office@parishofwanstead.org or Tel: 0208 530 8743 – leave a message with your name, telephone number, and how many places you would like.

TUESDAY PRAYER GROUP: The group have taken a break for Christmas. The next meeting will be in the new year on Tuesday 13th January, 10.30am in Christ Church.

COMPLINE: Please note there will be no Compline at St. Mary's on 24th December or 31st December. The last Compline of 2025 will be 17th December and the first one of the new year will be 7th January.

THANK YOU: to Jack & Danielle Pattison of Jack's DIY Store and The Duke for kindly donating our beautiful Christmas trees this year.

WEEKLY PRAYERS FOR THE SICK AND THOSE IN NEED: From January, we will begin a new system for including names for prayers on the pew sheet. After 3 months, a name will come off the list unless we are asked to include it again. We will be very happy to include names again, this is simply a way to reduce the list as we are not always asked to remove a name, and the list is getting very long. We welcome requests for prayer and see it as a very important aspect of our church family support and fellowship.

HOME AND HOSPITAL VISITS: Please let the Parish Office know if you would appreciate a visit by a member of the clergy, or if you know of someone who would. Mthr Anne can offer one-off visits for prayer and discussion (perhaps concerning a specific issue), in addition to on-going visits in the case of the elderly, sick and housebound.

SAFEGUARDING: For safeguarding concerns please contact Avril Carnelley on 07905 764343 or at wansteadparishsafeguarding@gmail.com. In an emergency, contact the relevant authority such as the Police.

Christmas at Wanstead Parish

Sunday 21st December

Nine Lessons and Carols at St Mary's, 6.30pm

Wednesday 24th December

Christmas Eve

Crib Service at Christ Church, 4pm

'Not Midnight' Mass at Christ Church, 6pm

(for families who don't want to stay up late)

Midnight Mass at Christ Church, 11.30pm

Thursday 25th December

Christmas Day

Sung Eucharist at St Mary's, 10am

Free Christmas Dinner in the Parish Halls, 1pm

(booking essential)

Friday 26th December

St Stephen's Day

Holy Communion at Christ Church, 10.30am



REGULAR WEEKLY EVENTS:

Tuesdays:	9am	Morning Prayer (CC)
	10.30am	Prayer Group (CC)
Wednesdays:	9am	Morning Prayer (CC)
	8pm	Compline (St M's)
Thursdays:	9.45am	Morning Prayer (CC)
	10.30am	Holy Communion, coffee and chat (CC)
Fridays:	9am	Morning Prayer (St M's)
	10.30am	Forget-Me-Nots Choir (St M's)
	7pm	The Bridge Youth Club (Parish Halls) <i>Term time only</i>
	7pm	Parish Choir Practice (CC Vestry)

Bereavement Cafe: For all who have lost a loved one. Meets in CC vestry, 10.30 - 11.30am on the **third Tuesday** of the month.

A Place: A group for spiritual wellbeing. We warmly welcome you to join us in the Vestry at Christ Church at 5.30pm on the **first Sunday** of each month.

LOOKING AHEAD:

Sunday 28th December – Holy Innocents

8am **Holy Communion BCP (CC)**

9.30am **Joint Sung Eucharist (CC)**

No Nursery or Junior Church this week but all very welcome at the Sung Eucharist

PARISH OF WANSTEAD:

Rector: Revd James Gilder
jbgilder@hotmail.com / 07729 109638
(Day off: Mondays)

Assoc. Priest: Revd Charles Brown
(Works: Thurs, Fri, Sun)

Curate: Revd David Lappano

Assistant Priests:
Revd Olive Thursby (High Street Chaplain)
Revd Richard Wyber
Revd Chris Mackenna
Revd Anne Mackenna (Parish Deacon)
Revd Liz Horwell

Parish Office: 020 8530 8743
office@parishofwanstead.org
Tue-Thurs 9am-1pm

GIVING:

It costs £4,000 per week to keep our parish running. Please consider making a regular donation.

Online: www.parishgiving.org.uk/donors/find-your-parish/wanstead-london/

Phone: 0333 002 1260

Parish code: 080608162

Email: info@parishgiving.org.uk

Parish code: 080608162

Contact Jill Steggle for more details by email:
giving.wanstead@gmail.com