

Sunday 22nd June 2025
1st Sunday after Trinity



Wanstead Parish
St Mary with Christ Church

www.wansteadparish.org

Services today:

8am **Holy Communion BCP (CC)**
9.30am **Family Eucharist with First Communions (CC)**
11am **Sung Eucharist (STM's)**
1.30pm **Baptism (CC)**
2.15pm **Baptism (CC)**
3pm **Tea & Fellowship (CC Vestry)**

Eucharist Readings & Hymns:

Galatians 3.23-end
Luke 8.26-39

103 – O Worship the Lord in the
beauty of holiness

358 – Be Still, for the presence of
the Lord

818 – To God be the glory, great
things he has done!

The Collect for the Week:

O God, the strength of all those who put their trust in you, mercifully accept our prayers and, because through the weakness of our mortal nature we can do no good thing without you, grant us the help of your grace, that in the keeping of your commandments we may please you both in will and deed; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

Prayers:

Those who are in need of prayer: Margaret Watts, Pam Messum, Kay Kingham, Kay Sheikh, Julie Black, Sally Hurd, Christine Harrison, Charlotte, Ted Taylor, Ann Cheetham, Chris Cummins, Patricia Head, Richard Francis, Barbara Ridley, Tina Veldi, Eli and Liz Hickson.

RIP: Dorothy Andrews, Sue Martin and Doreen Mason

Year's Mind: Olive Stone (24th, 93); Ellen Pead (26th, 94); Ralph Llewellyn (27th, 77); Richard Jones (28th, 02); Rose Duribe (28th, 12)

Wanstead Prayer Diary: Wanstead Fish, La Bakerie, Azzurra Clothing Shop, The Art Shop, Piccolo, Stow Brothers, Ladbroke's, Wanstead Community Gardeners, Age UK Allen Burgess Centre, T-Space, Otto, Luppulo, Wanstead Barbers Club

NOTICES

BAPTISMS THIS SUNDAY: The church welcomes with great joy today the family and friends of Camilla Roessler-Wills and Martha Wade whose Baptism services will take place at Christ Church. Please keep Camilla and Martha and their families and Godparents in your prayers.

TEA & FELLOWSHIP - will take place today, Sunday 22nd June, at 3pm in the Vestry at Christ Church. Please join us for chat and tea & cake. We look forward to welcoming you.

KNEELERS FOR CHRIST CHURCH: Our next sew-in will take place on Friday 27th June 10.30am – 12.00 noon in Christ Church vestry.

EAST LONDON CHORUS CONCERT: *Sacred Songs and Celtic Airs*, 6.30pm **Saturday 28th June**, Christ Church. See flyers in church or the weekly email for more information.

NEXT SUNDAY 29th JUNE IS PICNIC SUNDAY: – I am at **St Mary's** for Family Eucharist and First Holy Communions. There will be no 9.30am service at Christ Church. Don't forget your picnic! We look forward to seeing you there.

RECTORY GARDEN PARTY: Revd James Gilder invites all those who volunteer for the Parish in any capacity to attend the annual Rectory Garden Party on **Saturday 12th July, from 2pm**. Free entrance, although donations towards the cost are appreciated. RSVP by 1st July, using the Try Booking link supplied on the weekly email or by contacting the Parish Office.

ADULT CONFIRMATION CLASSES – If you are an adult who would like to learn more about the basics of the Christian faith or would like to be confirmed, please see Fr Charles or email him: chbrown1816@gmail.com

HOME AND HOSPITAL VISITS: Please let the Parish Office know if you would appreciate a visit by a member of the clergy, or if you know of someone who would. Mthr Anne can offer one-off visits for prayer and discussion (perhaps concerning a specific issue), in addition to on-going visits in the case of the elderly, sick and housebound.

SAFEGUARDING: For safeguarding concerns please contact Avril Carnelley on 07905 764343 or at wansteadparishsafeguarding@gmail.com. In an emergency, contact the relevant authority such as the Police.

A reflection on this week's readings

From the readings for Sunday 22 June

Galatians 3:23-29

Before faith came, we were kept under the law, shut up unto the faith which should afterwards be revealed... Wherefore the law was our schoolmaster *to bring us* unto Christ... But after that faith is come... ye are all the children of God by faith in Christ Jesus. For as many of you as have been baptized into Christ have put on Christ. There is neither Jew nor Greek, there is neither bond nor free, there is neither male nor female: for ye are all one in Christ Jesus. And if ye be Christ's, then are ye Abraham's seed, and heirs according to the promise.

AV (King James Bible)

Before faith came, we were confined under the law, kept under restraint until faith should be revealed... So that the law was our custodian until Christ came ... But now that faith has come... in Christ Jesus you are all sons of God, through faith. For as many of you as were baptized into Christ have put on Christ. There is neither Jew nor Greek, there is neither slave nor free, there is neither male nor female; for you are all one in Christ Jesus. And if you are Christ's, then you are Abraham's offspring, heirs according to promise

RSV

Before the coming of faith we were all imprisoned under the power of the Law, with our only hope of deliverance the faith that was to be shown to us... Or the Law was like a strict governess in charge of us until we went to the school of Christ ... Now that you have faith in Christ ... you are all sons of God. All of you who were baptised "into" Christ have put on the family likeness of Christ. Gone is the distinction between Jew and Greek, slave and free man, male and female—you are all one in Christ Jesus. And if you belong to Christ, you are true descendants of Abraham, you are true heirs of his promise. **J B Phillips**

Before the time for faith came, the Law kept us all locked up as prisoners until this coming faith should be revealed... And so the Law was in charge of us until Christ came ... Now that the time for faith is here ... all of you are God's children in union with Christ Jesus. You were baptized into union with Christ, and now you are clothed, so to speak, with the life of Christ himself. So there is no difference between Jews and Gentiles, between slaves and free people, between men and women; you are all one in union with Christ Jesus. If you belong to Christ, then you are the descendants of Abraham and will receive what God has promised.

Good News Bible

For Paul the relationship between Jewish law (i.e. the Torah, the Law of Moses) and the Christian faith was a key issue, to which he kept returning. From a pastoral point of view he insists firmly that Jewish laws such as circumcision and kosher food rules are *not* binding on non-Jewish Christians, and one thing that makes him really very angry, here and e.g. in Philippians 3:2-11 (our reading on Passion Sunday) is any attempt to argue that they should be. Personally, though, the issue was an uncomfortable one, since he'd been proud of his upbringing as a strict and observant Pharisee and he must have felt real inner conflict; this emerges in Phil 3 where he lists his proud Jewish credentials only to describe them as "dung" compared to the gift of faith in Christ. In Romans he wrestles with these issues at great length, seeming at times almost to suggest that the Mosaic Law is a snare and a cause of sin. No wonder that, as we saw last week, his favourite OT reference is to Abraham whose "faith was accounted to him as righteousness"; here again those who belong to Christ are the true descendants of Abraham and inheritors of the history and the promise of the OT. The Law is characterised as a *paidagogos*, a trusted slave responsible for ensuring a child's education, variously translated as "custodian", "disciplinarian" (NRSV), or rather charmingly by Phillips as a "strict governess". It's not a hostile characterisation, but it's definitely something whose usefulness has expired now that we are, as it were, adults in the faith and (in one throwaway line of breathtaking radicalism) equal "in Christ" whether Jew or Greek, slave or free, male or female. Arguably the church has spent the last 2,000 years trying to come to terms with this (though Paul believed that Second Coming was imminent, so the practical implications were somewhat reduced).

Lord, help us to reflect on and share Paul's vision of freedom, maturity and mutual love in Christ.

REGULAR WEEKLY EVENTS:

Tuesdays:	9am	Morning Prayer (CC)
	10.30am	Prayer Group (CC)
Wednesdays:	9am	Morning Prayer (CC)
	10am	Refreshed (CC) <i>Term time only</i>
	8pm	Compline (St M's)
Thursdays:	9.45am	Morning Prayer (CC)
	10.30am	Holy Communion, coffee and chat (CC)
Fridays:	9am	Morning Prayer (St M's)
	10.30am	Forget-Me-Nots Choir (St M's)
	7pm	The Bridge Youth Club (Parish Halls) <i>Term time only</i>
	7pm	Parish Choir Practice (CC Vestry)

Bereavement Cafe: For all who have lost a loved one. Meets in CC vestry, 10.30 - 11.30am on the **third Tuesday** of the month.

A Place: A group for spiritual wellbeing. We warmly welcome you to join us in the Vestry at Christ Church at 5.30pm on the **first Sunday** of each month.

LOOKING AHEAD:

Sunday 29th June 2025 – 2nd Sunday after Trinity

8am	Holy Communion BCP (CC)
11am	Picnic Sunday
	Family Eucharist with First Communions (STM's)

(There will be no 9.30am service at Christ Church this week)

PARISH OF WANSTEAD:

Rector: Revd James Gilder
jbgilder@hotmail.com / 07729 109638
(Day off: Mondays)

Assoc. Priest: Revd Charles Brown
(Works: Thurs, Fri, Sun)

Curate: Revd David Lappano

Assistant Priests:
Revd Olive Thursby (High Street Chaplain)
Revd Richard Wyber
Revd Chris Mackenna
Revd Anne Mackenna (Parish Deacon)
Revd Liz Horwell

Parish Office: 020 8530 8743
wansteadparishadmin@uwclub.net
Mon-Weds & Fri, 9am-1pm during term time

GIVING:

It costs £4,000 per week to keep our parish running. Please consider making a regular donation.

Online: www.parishgiving.org.uk/donors/find-your-parish/wanstead-london/

Phone: 0333 002 1260

Parish code: 080608162

Email: info@parishgiving.org.uk

Parish code: 080608162

Contact Jill Steggle for more details by email:
giving.wanstead@gmail.com