

Sunday 11th October 2026
Harvest Festival



Wanstead Parish
St Mary with Christ Church

www.wansteadparish.org

Services today:

8am Holy Communion BCP (CC)
9.30am Sung Eucharist (CC)
Nursery Church (Halls)
Junior Church (Halls)
11am Sung Eucharist (STM)
12.30pm Baptisms (CC)
6.30pm Choral Evensong BCP (STM)

Eucharist Readings & Hymns:

Philippians 4. 1-9
Matthew 22. 1-14

Sung Eucharist

282 Come, ye thankful people, come
290 We plough the fields, and scatter
289 To thee, O Lord, our hearts we raise
546 How great thou art

Choral Evensong

23 Sun of my soul, my saviour dear
16 God, that madest earth and heaven

The Collect for the Week:

Creator God, you made the goodness of the land, the riches of the sea and the rhythm of the seasons; as we thank you for the harvest, may we cherish and respect this planet and its peoples, through Jesus Christ our Lord.

Prayers:

Those who are in need of prayer: Richard Coy, Liz Hickson, Jackie Wilkins, Jane Heath, Thomas, Pamela Mathers, Elaine Hall

RIP: Ted Taylor, Michael Wareing

Year's Mind: Emma Lawrence (12th, 90); Eileen Jupp (12th, 05)

Wanstead Prayer Diary: Keating Jewellers, Chicchi, Daisy's Flower Shop, Francis and C. Walters, British Heart Foundation, Wanstead Fish, La Bakerie, Azzura, Art Shop, Piccolo, Stow Brothers, Ladbroke's, Allan Burgess Centre

NOTICES

BAPTISMS: The church welcomes with great joy today the family and friends of Frederick Nottage and Abigail, Alfred and James Wheatcroft whose Baptisms will take place at Christ Church. Please keep Frederick, Abigail, Alfred and James and their family and Godparents in your prayers.

CHORAL EVENSONG TODAY Sunday 11th October, 6:30pm St Mary's: The choir will sing Responses: Reading, Canticles: Harris in A, Anthem: Bairstow, Save us, O Lord. Do join us for this lovely peaceful and reflective service.

PET BLESSING SERVICE Sunday 18th October, 4pm at St Mary's: Join us for our annual pet blessing service. Bring a pet or a photo to be blessed. All welcome!

ALL SOULS BEREAVEMENT SERVICE: will take place on **Sunday 1st November 6.30pm at St Mary's.** A service of readings and music - a time of reflection and to remember loved ones. If you would like the name of a deceased loved one read out at this special service, please add their name to the sign-up sheets available in both churches. All welcome.

URGENT! - HOMELESS SHELTER HELP – we are very short of helpers this year – please do consider helping if you can: As usual, our parish is going to be volunteering at Forest Churches Night Shelter on Tuesday evenings throughout the winter months. Volunteers work in pairs to prepare (at home) and then serve up a meal for the guests at the shelter, which is based next to the YMCA on Forest Road, Walthamstow. Normally we have enough volunteers that each person only need do this four times over the course of the season, which runs from the start of October to the end of March. There shelter houses a maximum of about 15 guests, and they are very grateful for the food and company. Often the guests have jobs but have lost their housing due to relationship breakdowns, abuse or all kinds of other situations, which reminds us that so many are not more than a few steps away from being on the streets, unfortunately. The food is served at roughly 6.30pm and we tend to stay for an hour or two, making conversation and clearing up. Due to the nature of the shelter, volunteers must be 18 or over to participate. If you would like to be involved this year, then please would you be in touch with Fr James. jbgilder@hotmail.com

CHARITY FASHION SHOW & SALE IN AID OF GREAT ORMOND STREET HOSPITAL CHARITY: 23rd October, Christ Church, Doors open 4pm, Fashion Show 7pm. Donations of clothes required – vintage or any good quality preloved women's and men's clothing, shoes, bags and jewellery needed for the sale and fashion show. Donations can be left at Christ Church on Thursday mornings between 11am-1pm or at St Mary's on Saturday mornings between 11am-1pm – also at 86 Belgrave Road or 106 Overton Drive in Wanstead and left in the porch. Please see posters and flyers in both churches for more information.

CROCHET ANGELS: We would like some crochet/knitted angels for the prayer tree in Christ Church. If you think you could help, please speak to Beryl Darling or contact the Parish Office.

HOME AND HOSPITAL VISITS: Please let the Parish Office know if you would appreciate a visit by a member of the clergy, or if you know of someone who would. Mthr Anne can offer one-off visits for prayer and discussion (perhaps concerning a specific issue), in addition to on-going visits in the case of the elderly, sick and housebound.

SAFEGUARDING: For safeguarding concerns please contact Avril Carnelley on 07905 764343 or at wansteadparishsafeguarding@gmail.com. In an emergency, contact the relevant authority such as the Police.

A reflection on this week's readings:

From the readings for Sunday 11 October

Philippians 4:1-7

Therefore, my brethren dearly beloved and longed for, my joy and crown, so stand fast in the Lord. I beseech Euodias, and beseech Syntyche, that they be of the same mind in the Lord. And I intreat thee also, true yokefellow, help those women which laboured with me in the gospel. Rejoice in the Lord alway: and again I say, Rejoice. Let your moderation be known unto all men. The Lord is at hand. Be careful for nothing; but let your requests be made known unto God. And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus.

AV (King James Bible)

Therefore, my brethren, whom I love and long for, my joy and crown, stand firm thus in the Lord. I entreat Euodia and I entreat Syntyche to agree in the Lord. And I ask you also, true yokefellow, help these women, for they have labored side by side with me in the gospel. Rejoice in the Lord always; again I will say, Rejoice. Let all men know your forbearance. The Lord is at hand. Have no anxiety about anything, but let your requests be made known to God. And the peace of God, which passes all understanding, will keep your hearts and your minds in Christ Jesus.

RSV

So, my brothers whom I love and long for, my joy and my crown, stand firmly in the Lord. Euodia and Syntyche, I beg you by name to make up your differences as Christians should! And, my true fellow-worker, help these women. They both worked hard with me for the Gospel. Delight yourselves in God, yes, find your joy in him at all times. Have a reputation for gentleness, and never forget the nearness of your Lord. Don't worry over anything whatever; tell God every detail of your needs, and the peace of God which transcends human understanding, will keep constant guard over your hearts and minds as they rest in Christ Jesus.

J B Phillips

So then, my friends, how dear you are to me and how I miss you! How happy you make me, and how proud I am of you! Stand firm in your life in the Lord. Euodia and Syntyche, please, I beg you, try to agree as sisters in the Lord. And you too, my faithful partner, I want you to help these women; for they have worked hard with me to spread the gospel. May you always be joyful in your union with the Lord. I say it again: rejoice! Show a gentle attitude toward everyone. The Lord is coming soon. Don't worry about anything, but in all your prayers ask God for what you need. And God's peace, which is far beyond human understanding, will keep your hearts and minds safe in union with Christ Jesus.

Good News Bible

The church in Philippi, the first he'd founded in Europe, had a special place in Paul's affections. As he approaches the end of the letter, his tone becomes particularly warm and emotional. The conflict between two important women in the church must have been very painful for him; he doesn't rebuke either of them, but urges them each by name to try to resolve it "in the Lord". He then appeals to a mysteriously unnamed "fellow-worker" to help them to reconcile. Some have regarded *suzugos* (literally "yoke-fellow" as in the AV) as a personal name, but this is unlikely. Paul must have assumed that when the letter was received, it would be clear who he was addressing. The whole issue reminds us how easily we underestimate the crucial role of women in the earliest church.

The word *epieikes*, translated "gentleness" or "forbearance", means rather "magnanimity" (as in the New English Bible) or generosity to others – a very Christ-like quality. Of these versions only Phillips says clearly that the peace of God "stands guard" over us – the verb is *phroureo*, often used in military contexts. The phrase "The Lord is near" can mean that he is coming soon (as the GNB suggests) but it also implies that he is close to us at all times, so the simpler translation is probably better. These subtleties take on extra poignancy when we recall that Paul was probably writing from Rome, facing the imminent threat of execution.

Lord, help us to share something of Paul's joy in Christian fellowship and worship, and also his trust that you are near us at all times and that the peace of God really does stand guard over us.

REGULAR WEEKLY EVENTS:

Mondays:	7.30pm	Parish Choir Practice (CC Vestry)
Tuesdays:	9am	Morning Prayer (CC)
	10.30am	Prayer Group (CC)
Wednesdays:	9am	Morning Prayer (CC)
	8pm	Compline (St M's)
Thursdays:	9.45am	Morning Prayer (CC)
	10.30am	Holy Communion, coffee and chat (CC)
Fridays:	9am	Morning Prayer (St M's)
	10.30am	Forget-Me-Nots Choir (St M's)
	7pm	The Bridge Youth Club (Parish Halls) <i>Term time only</i>

Bereavement Cafe: For all who have lost a loved one - meets in CC vestry, 10.30 - 11.30am on the **third Tuesday** of the month.

LOOKING AHEAD:

Sunday 18th October – 20th Sunday after Trinity

8am	Holy Communion BCP (CC)
9.30am	Sung Eucharist (CC)
	Nursery Church (Halls)
	Junior Church (Halls)
11am	Sung Eucharist (STM)
12.30pm	Baptism (CC)
1.30pm	Baptism (CC)
3pm	Tea & Fellowship (CC Vestry)
4pm	Pet Service (STM)

PARISH OF WANSTEAD:

Rector: Revd James Gilder
jbgilder@hotmail.com / 07729 109638
(Day off: Mondays)

Assoc. Priest: Revd Charles Brown
(Works: Thurs, Fri, Sun)

Curate: Revd David Lappano

Assistant Priests:
Revd Olive Thursby (High Street Chaplain)
Revd Richard Wyber
Revd Anne Mackenna (Parish Deacon)
Revd Liz Horwell

Parish Office: 020 8530 8743
office@parishofwanstead.org
Mon-Thurs 9am-1pm

GIVING:

It costs £4,000 per week to keep our parish running. Please consider making a regular donation.

Online: www.parishgiving.org.uk/donors/find-your-parish/wanstead-london/

Phone: 0333 002 1260

Parish code: 080608162

Email: info@parishgiving.org.uk

Parish code: 080608162

For further information, contact the Parish Office: office@parishofwanstead.org