

**Sunday 14<sup>th</sup> June 2026**  
**2<sup>nd</sup> Sunday after Trinity**



**Wanstead Parish**  
St Mary with Christ Church

[www.wansteadparish.org](http://www.wansteadparish.org)

**Services today:**

- 8am Holy Communion BCP (CC)**  
**9.30am Sung Eucharist with Junior Church (CC & Halls)**  
**9.45am Nursery Church (Halls)**  
**11am Sung Eucharist (STM)**

**Eucharist Readings & Hymns:**

**Romans 5.1-8**  
**Matthew 9.35-10.8**

- 498** Lord, thy church on earth is seeking  
**507** We have a gospel to proclaim  
**441** Draw nigh and take the body  
**475** Forth in the peace of Christ we go

**The Collect for the Week:**

Lord, you have taught us that all our doings without love are nothing worth: send your Holy Spirit and pour into our hearts that most excellent gift of love, the true bond of peace and of all virtues, without which whoever lives is counted dead before you. Grant this for your only Son Jesus Christ's sake, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

**Prayers:**

**Those who are in need of prayer:** Kay Kingham, Richard Coy, Liz Hickson, Jackie Wilkins, Jane Heath, Thomas

**RIP:** Terry Warren, Molly Liok, Jake Hall, Michael New, Owen Leighton

**Year's Mind:** Katy Magee (14<sup>th</sup>, 10); David John Smith (16<sup>th</sup>, 10), Charles Webbe (19<sup>th</sup>, 07); Patty Hart (20<sup>th</sup>, 88)

**Wanstead Prayer Diary:** Snaresbrook Station, Station Approach, The Rise, Snaresbrook Crown Court, Probation Service, Hollybush Hill, Forest Close, Ellesmere Close

## NOTICES

**LOSS & BEREAVEMENT CAFÉ:** Meets on **Tuesday 16<sup>th</sup> June** in Christ Church Vestry at 10.30am. A supportive informal meeting space with a hot drink and a friendly welcome for all those coming to terms with loss and bereavement. All welcome.

**TEA & FELLOWSHIP:** will take place on **Sunday 21<sup>st</sup> June, at 3pm** in the Vestry at Christ Church. Please join us for chat and tea & cake. We look forward to welcoming you.

**PICNIC SUNDAY – 28<sup>TH</sup> JUNE, 11AM AT ST MARY’S:** Join us for a Family Eucharist service outside in the grounds of St Mary’s. Bring a picnic and enjoy a fun and sociable time together afterwards. **\*Please note there will be no 9.30am Eucharist at Christ Church that day.**

**CHILDREN’S CHOIR - COME-AND-SING EVENSONG:** Does your child love to sing? Wanstead Parish is holding a Come-and-Sing Evensong at Christ Church this July, and all children and young people aged 7-14 are invited to sing in the choir. A rehearsal will be held at Christ Church on **Friday 3 July from 5 - 6.30 PM**, with the service on the **following Sunday 5 July at 5 PM** (3.30 PM call time). Participants will learn Choral Evensong repertoire and experience what it is like to be part of a traditional church choir. This Evensong event will act as a taster session for what’s to come at Wanstead Parish. Through a national church grant to the Diocese of Chelmsford, St Mary with Christ Church is leading an initiative to build our children’s music ministry. We are excited to launch our regular children and youth choir this September. Interested in registering your child for our Come-and-Sing Evensong, upcoming choir, or both? Please reach out to the project team at [alice.belshaw@gmail.com](mailto:alice.belshaw@gmail.com) for more information. Participation is completely free, and no previous singing experience is required. Register here: <https://www.trybooking.com/uk/GOWU>

**REPAIR CAFÉ – SEAMSTRESS WANTED!** The next repair café will take place on **Saturday 11<sup>th</sup> July**, 10.30am-1pm in the Parish Halls. The organisers are in urgent need of a seamstress. If you would be able to volunteer, please contact [wansteadrepaircafe@gmail.com](mailto:wansteadrepaircafe@gmail.com)

**CONFIRMATION CLASSES:** Do you feel a strong attraction to the Christian Faith? If so, you might want to consider being baptised and confirmed. After being confirmed, you may receive holy communion. The next confirmation service is **Sunday 19<sup>th</sup> July** at St Mary’s Church, Woodford. If you believe you are ready to be conformed, please see or email Fr Charles at [chbrown1816@gmail.com](mailto:chbrown1816@gmail.com)

**HOME AND HOSPITAL VISITS:** Please let the Parish Office know if you would appreciate a visit by a member of the clergy, or if you know of someone who would. Mthr Anne can offer one-off visits for prayer and discussion (perhaps concerning a specific issue), in addition to on-going visits in the case of the elderly, sick and housebound.

**SAFEGUARDING:** For safeguarding concerns please contact Avril Carnelley on 07905 764343 or at [wansteadparishsafeguarding@gmail.com](mailto:wansteadparishsafeguarding@gmail.com). In an emergency, contact the relevant authority such as the Police.

## **A reflection on this week's readings:**

### **From the readings for Sunday 14 June**

**Romans 5:1-5**

Therefore being justified by faith, we have peace with God through our Lord Jesus Christ: by whom also we have access by faith into this grace wherein we stand, and rejoice in hope of the glory of God. And not only so, but we glory in tribulations also: knowing that tribulation worketh patience; and patience, experience; and experience, hope: and hope maketh not ashamed; because the love of God is shed abroad in our hearts by the Holy Ghost which is given unto us. **AV (King James Bible)**

Therefore, since we are justified by faith, we have peace with God through our Lord Jesus Christ. Through him we have obtained access to this grace in which we stand, and we rejoice in our hope of sharing the glory of God. More than that, we rejoice in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit which has been given to us. **RSV**

Since then it is by faith that we are justified, let us grasp the fact that we have peace with God through our Lord Jesus Christ. Through him we have confidently entered into this new relationship of grace, and here we take our stand, in happy certainty of the glorious things he has for us in the future. This doesn't mean, of course, that we have only a hope of future joys—we can be full of joy here and now even in our trials and troubles. Taken in the right spirit these very things will give us patient endurance; this in turn will develop a mature character, and a character of this sort produces a steady hope, a hope that will never disappoint us. Already we have some experience of the love of God flooding through our hearts by the Holy Spirit given to us. **J B Phillips**

Now that we have been put right with God through faith, we have peace with God through our Lord Jesus Christ. He has brought us by faith into this experience of God's grace, in which we now live. And so we boast of the hope we have of sharing God's glory! We also boast of our troubles, because we know that trouble produces endurance, endurance brings God's approval, and his approval creates hope. This hope does not disappoint us, for God has poured out his love into our hearts by means of the Holy Spirit, who is God's gift to us. **Good News Bible**

Today's reading follows on directly from last week's (the end of ch.4), but it marks a significant transition in Paul's argument. Put simply, while ch.1-4 are concerned with establishing the principle of justification by faith, ch.5-8 – without ever losing sight of that basic concept – focus more on the *lived experience* of the Christian life. Knowing that we are “put right with God”, as the GNB puts it, brings a trust and confidence, and an overwhelming sense of God's love, which strengthens us even when life is painful and difficult.

Although the general idea is clear, the differences between the translations illustrate various nuances of meaning. For example, there is a subtle difference in the Greek between “rejoicing in our hope” (v.2 – rejoicing *because of* it) and “rejoicing in our sufferings” (v.3 – rejoicing *even when suffering*). “Boast” (as in the GNB and in the NRSV which we hear read in church) is certainly a possible translation of the verb used in vv. 2 and 3, but it doesn't feel quite right – “rejoice” seems better. J B Phillips, though long-winded, actually communicates the basic idea rather well.

Vv.3-4, about suffering and endurance developing character, can easily sound like a public school or Boy Scout pep-talk about mental toughness (often gendered as “manliness”) but what Paul is saying, if we read it carefully, is subtly different. After all, suffering doesn't always improve character; it can leave us dangerously resentful, or simply ground down by life. But through faith we have a sense of peace with God, and of his love for us shown in Jesus Christ; this gives us a deep joy and hope which enable us to overcome the inevitable pain and troubles of life.

*Lord help us, through the work of your Holy Spirit within us, to experience that sense of peace, and of the “hope that does not disappoint”, both in good times and bad.*

## REGULAR WEEKLY EVENTS:

<b>Tuesdays:</b>	<b>9am</b>	Morning Prayer (CC)
	<b>10.30am</b>	Prayer Group (CC)
<b>Wednesdays:</b>	<b>9am</b>	Morning Prayer (CC)
	<b>8pm</b>	Compline (St M's)
<b>Thursdays:</b>	<b>9.45am</b>	Morning Prayer (CC)
	<b>10.30am</b>	Holy Communion, coffee and chat (CC)
<b>Fridays:</b>	<b>9am</b>	Morning Prayer (St M's)
	<b>10.30am</b>	Forget-Me-Nots Choir (St M's)
	<b>7pm</b>	The Bridge Youth Club (Parish Halls) <i>Term time only</i>
	<b>7pm</b>	Parish Choir Practice (CC Vestry)

**Bereavement Cafe:** For all who have lost a loved one. Meets in CC vestry, 10.30 - 11.30am on the **third Tuesday** of the month.

**A Place:** A group for mental wellbeing. We warmly welcome you to join us in the Vestry at Christ Church at 5.30pm on the **first Sunday** of each month.

## LOOKING AHEAD:

### Sunday 21<sup>st</sup> June – 3<sup>rd</sup> Sunday after Trinity

<b>8am</b>	<b>Holy Communion BCP (CC)</b>
<b>9.30am</b>	<b>Sung Eucharist with Junior Church (CC &amp; Halls)</b>
<b>9.45am</b>	<b>Nursery Church (Halls)</b>
<b>11am</b>	<b>Morning Prayer BCP (STM)</b>
<b>3pm</b>	<b>Tea &amp; Fellowship (CC Vestry)</b>

## PARISH OF WANSTEAD:

**Rector:** Revd James Gilder  
[jbgilder@hotmail.com](mailto:jbgilder@hotmail.com) / 07729 109638  
(Day off: Mondays)

**Assoc. Priest:** Revd Charles Brown  
(Works: Thurs, Fri, Sun)

**Curate:** Revd David Lappano

**Assistant Priests:**  
Revd Olive Thursby (High Street Chaplain)  
Revd Richard Wyber  
Revd Chris Mackenna  
Revd Anne Mackenna (Parish Deacon)  
Revd Liz Horwell

**Parish Office:** 020 8530 8743  
[office@parishofwanstead.org](mailto:office@parishofwanstead.org)  
Mon-Thurs 9am-1pm

## GIVING:

It costs **£4,000 per week** to keep our parish running. Please consider making a regular donation.

**Online:** [www.parishgiving.org.uk/donors/find-your-parish/wanstead-london/](http://www.parishgiving.org.uk/donors/find-your-parish/wanstead-london/)

**Phone:** 0333 002 1260

Parish code: 080608162

**Email:** [info@parishgiving.org.uk](mailto:info@parishgiving.org.uk)

Parish code: 080608162

**Contact Jill Steggle for more details by email:**  
[giving.wanstead@gmail.com](mailto:giving.wanstead@gmail.com)