

Sunday 16th August 2026
11th Sunday after Trinity



Wanstead Parish
St Mary with Christ Church

www.wansteadparish.org

Services today:

8am **Holy Communion BCP (CC)**
9.30am **Sung Eucharist (CC)**
11am **Morning Prayer BCP (STM)**
3pm **Tea & Fellowship (CC Vestry)**

Eucharist Readings & Hymns:

Psalm 133
Romans 11. 1-2a, 29-32
Matthew 15. 10-28

362 Come, let us join our cheerful songs
696 Jesus, where'er thy people meet
679 In Christ there is no east or west
765 Praise to the Lord, the Almighty, the
King of creation

The Collect for the Week:

O God, you declare your almighty power most chiefly in showing mercy and pity: mercifully grant to us such a measure of your grace, that we, running the way of your commandments, may receive your gracious promises, and be made partakers of your heavenly treasure; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

Prayers:

Those who are in need of prayer: Kay Kingham, Richard Coy, Liz Hickson, Jackie Wilkins, Jane Heath, Thomas

RIP:

Year's Mind: Frank Goodall (16th, 77); Iris Sayer (16th, 06); Edna Eaton (16th, 17); Katherine Doody (17th, 09); Mary Paterson (20th, 04); Phyllis Saunders (22nd, 97)

Wanstead Prayer Diary: Buckingham Road, Burnham Crescent, Lorne Gardens, Deynecourt Gardens, Eton Manor Rugby Club, Wanstead Central Bowls Club, Wanstead and Snaresbrook Football Club, Drummond Tennis Club, Elm Hall Gardens, Gardener Close, Wanstead Dental Practice, Preston Drive, Reydon Avenue, Eaton Rise

NOTICES

BEREAVEMENT CAFÉ: For all who have lost a loved one meets on **Tuesday 18th August at 10.30am in Christ Church Vestry** – All welcome.

TO ALL CHRIST CHURCH WELCOMERS AND THOSE WHO'VE SIGNED UP TO BE A BUDDY: Advance Notice: **Sunday 20th September**, Christ Church Vestry, 11-12 noon... the promised training! Please put a note in your diaries that we will be doing our Welcomers and Buddies training for *all* welcomers and aspiring buddies on Sunday 20th September after the 9.30 service. If you can collect a drink from the hall after the service and then make your way to the choir vestry to start at 11am (cake will be provided!) that will be good. ***Please let me know by email*** if you can do this date, then I'll send you more detail about what to expect. If there are people who can't make this date, I'll run another session for them later in the autumn. Liz Horwell: ehorwell@hotmail.com

PARISH BROADSTAIRS TRIP FOR EVERYONE! SATURDAY 26TH SEPTEMBER

Make your own way to Broadstairs in cars or on the train (lifts may be available, please enquire at the Parish Office). Easy journey from Stratford. Meet on the beach at 12 noon, bring a picnic. Beach rounders for the children. Sandcastle making competition with prizes! Lots for children to do in the afternoon, and adults too (Dickens Museum, cockles on the pier, old town walks, arcades, lovely bars and restaurants and a beautiful sandy beach, Morelli's – the best ice cream parlour in the world). Come back together for our Wanstead Service at Broadstairs Methodist Church, (York St, near the beach) at 4pm, including children's activities.

Cost: £5 per person / £10 family ticket (donated to the church who will host us for the service)

Book here: <https://www.trybooking.com/uk/GRAZ> or contact the Parish Office.

PARISH OFFICE HOURS IN AUGUST: The Parish office will be **closed** for the whole week of 10th -14th August, and on the 19th, 26th & 31st August. Outside of those times, the office will be open as usual Monday-Thursday 9am-1pm.

HOME AND HOSPITAL VISITS: Please let the Parish Office know if you would appreciate a visit by a member of the clergy, or if you know of someone who would. Mthr Anne can offer one-off visits for prayer and discussion (perhaps concerning a specific issue), in addition to on-going visits in the case of the elderly, sick and housebound.

SAFEGUARDING: For safeguarding concerns please contact Avril Carnelley on 07905 764343 or at wansteadparishsafeguarding@gmail.com. In an emergency, contact the relevant authority such as the Police.

Forest Church

Fun outdoor worship and activities for all the family!



Sunday 30th August 2026, 11am

St Mary's Churchyard

Don't miss out on another fun Forest Church opportunity which will take place on Sunday 30th August 2026, 11am in St Mary's Churchyard.

Our theme this time is: Jesus said *"I came and you may have life and live it to the full"* and we will explore this with:

a brief time of collective worship followed by different activities in small groups in different areas of the churchyard including: *planting bulbs, *arts and crafts, *a game, *an opportunity for a little stillness and reflection, *music, singing and dance ... and a time for refreshments and to chat to each other at the end. 😊

NB. If you came to Forest Church on Palm Sunday, we will already have a signed registration form from you - all you will need to do is sign in on the day. If this is your first time, please complete a **registration form** (available in both churches or to download from the weekly email) and hand it in on the day. This will help us to ensure that everyone is as safe as possible. (*forms will also be available on the day*)

REGULAR WEEKLY EVENTS:

Tuesdays:	9am	Morning Prayer (CC)
	10.30am	Prayer Group (CC)
Wednesdays:	9am	Morning Prayer (CC)
	8pm	Compline (St M's)
Thursdays:	9.45am	Morning Prayer (CC)
	10.30am	Holy Communion, coffee and chat (CC)
Fridays:	9am	Morning Prayer (St M's)
	10.30am	Forget-Me-Nots Choir (St M's)
	7pm	The Bridge Youth Club (Parish Halls) <i>Term time only</i>
	7pm	Parish Choir Practice (CC Vestry)

Bereavement Cafe: For all who have lost a loved one - meets in CC vestry, 10.30 - 11.30am on the **third Tuesday** of the month.

LOOKING AHEAD:

Sunday 23rd August – 12th Sunday after Trinity

8am	Holy Communion BCP (CC)
9.30am	Family Eucharist (CC)
11am	Sung Eucharist (STM)

PARISH OF WANSTEAD:

Rector: Revd James Gilder
jbgilder@hotmail.com / 07729 109638
(Day off: Mondays)

Assoc. Priest: Revd Charles Brown
(Works: Thurs, Fri, Sun)

Curate: Revd David Lappano

Assistant Priests:
Revd Olive Thursby (High Street Chaplain)
Revd Richard Wyber
Revd Chris Mackenna
Revd Anne Mackenna (Parish Deacon)
Revd Liz Horwell

Parish Office: 020 8530 8743
office@parishofwanstead.org
Mon-Thurs 9am-1pm

GIVING:

It costs £4,000 per week to keep our parish running. Please consider making a regular donation.

Online: www.parishgiving.org.uk/donors/find-your-parish/wanstead-london/

Phone: 0333 002 1260

Parish code: 080608162

Email: info@parishgiving.org.uk

Parish code: 080608162

Contact Jill Steggle for more details by email:
giving.wanstead@gmail.com