

Sunday 19th July 2026
7th Sunday after Trinity



Wanstead Parish
St Mary with Christ Church

www.wansteadparish.org

Services today:

8am Holy Communion BCP (CC)
9.30am Sung Eucharist (CC)
11am Morning Prayer BCP (STM)
1pm Baptism (STM)
3pm Tea & Fellowship (CC Vestry)

Eucharist Readings & Hymns:

Psalm 139. 1-11
Romans 8. 12-25
Matthew 13. 24-30, 36-43

676 Immortal, invisible, God only wise
654 Hark, my soul, it is the Lord
119 Forgive our sins as we forgive
610 Christ is the world's true light

The Collect for the Week:

Lord of all power and might, the author and giver of all good things: graft in our hearts the love of your name, increase in us true religion, nourish us with all goodness, and of your great mercy keep us in the same; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen.

Prayers:

Those who are in need of prayer: Kay Kingham, Richard Coy, Liz Hickson, Jackie Wilkins, Jane Heath, Thomas

RIP:

Year's Mind: Rodney Murrell (22nd, 94); Pat Wilkinson (23rd, 12); Peter Luton (23rd, 23); Arch Bennett (24th, 79); Elsie Lewis (24th, 96); Sarah Moore (24th, 01); Jessica Louise Adams-Lovett (25th, 21)

Wanstead Prayer Diary: Cranbourne Avenue, Ashbourne Avenue, Colvin Gardens, Nelson Road, Rodney Road, Elmcroft Avenue, The Duke, Wellington Road, Halstead Road, Cowley Road, Elmcroft Close

NOTICES

BAPTISM THIS SUNDAY: The church welcomes with great joy today the family and friends of Amelia Nash whose Baptism will take place at St Mary's. Please keep Amelia and her family and Godparents in your prayers.

TEA & FELLOWSHIP: will take place today, **Sunday 19th July, at 3pm** in the Vestry at Christ Church. Please join us for chat and tea & cake - we look forward to welcoming you.

LOSS & BEREAVEMENT CAFÉ: Meets on **Tuesday 21st July at 10.30am** in Christ Church Vestry. A supportive informal meeting space with a hot drink and a friendly welcome for all those coming to terms with loss and bereavement. All welcome.

VISITOR NEEDED: We are looking for someone to regularly visit a resident in Chestnut Manor who would like a little company every now and again and to chat. If you would be interested in helping, please contact the Parish Office.

HOME AND HOSPITAL VISITS: Please let the Parish Office know if you would appreciate a visit by a member of the clergy, or if you know of someone who would. Mthr Anne can offer one-off visits for prayer and discussion (perhaps concerning a specific issue), in addition to on-going visits in the case of the elderly, sick and housebound.

SAFEGUARDING: For safeguarding concerns please contact Avril Carnelley on 07905 764343 or at wansteadparishsafeguarding@gmail.com. In an emergency, contact the relevant authority such as the Police.

Loss & Bereavement Café

Two free monthly drop-ins for all experiencing loss

A supportive informal meeting space with a hot drink and a friendly welcome for those coming to terms with loss and bereavement.



Monthly on the **first Tuesday** of the month

2.00pm - 3.00pm

**St. Mary's Church
Woodford**

207 Woodford High Road
E18 2PA

(Entrance is through the front door)

Monthly on the **third Tuesday** of the month

10.30am - 11.30am

**Christ Church Vestry
Wanstead**

Wanstead Place
E11 2SW

(Entrance next to the Parish Halls)

For more information

St Mary's Church
020 8505 3000 info@stmaryswoodford.org.uk

Christ Church
020 8530 8743 office@parishofwanstead.org

REGULAR WEEKLY EVENTS:

Tuesdays:	9am	Morning Prayer (CC)
	10.30am	Prayer Group (CC)
Wednesdays:	9am	Morning Prayer (CC)
	8pm	Compline (St M's)
Thursdays:	9.45am	Morning Prayer (CC)
	10.30am	Holy Communion, coffee and chat (CC)
Fridays:	9am	Morning Prayer (St M's)
	10.30am	Forget-Me-Nots Choir (St M's)
	7pm	The Bridge Youth Club (Parish Halls) <i>Term time only</i>
	7pm	Parish Choir Practice (CC Vestry)

Bereavement Cafe: For all who have lost a loved one - meets in CC vestry, 10.30 - 11.30am on the **third Tuesday** of the month.

A Place: A group for mental wellbeing. We warmly welcome you to join us in the Vestry at Christ Church at 5.30pm on the **first Sunday** of each month.

LOOKING AHEAD:

Sunday 26th July – 8th Sunday after Trinity

8am	Holy Communion BCP (CC)
9.30am	Family Eucharist (CC)
11am	Sung Eucharist (STM)
1.30pm	Baptism (CC)

PARISH OF WANSTEAD:

Rector: Revd James Gilder
jbgilder@hotmail.com / 07729 109638
(Day off: Mondays)

Assoc. Priest: Revd Charles Brown
(Works: Thurs, Fri, Sun)

Curate: Revd David Lappano

Assistant Priests:
Revd Olive Thursby (High Street Chaplain)
Revd Richard Wyber
Revd Chris Mackenna
Revd Anne Mackenna (Parish Deacon)
Revd Liz Horwell

Parish Office: 020 8530 8743
office@parishofwanstead.org
Mon-Thurs 9am-1pm

GIVING:

It costs £4,000 per week to keep our parish running. Please consider making a regular donation.

Online: www.parishgiving.org.uk/donors/find-your-parish/wanstead-london/

Phone: 0333 002 1260

Parish code: 080608162

Email: info@parishgiving.org.uk

Parish code: 080608162

Contact Jill Steggles for more details by email:
giving.wanstead@gmail.com