

Sunday 28th June 2026
4th Sunday after Trinity
Picnic Sunday



Wanstead Parish
St Mary with Christ Church

www.wansteadparish.org

Services today:

8am Holy Communion BCP (CC)
11am Family Eucharist (outdoors) - (STM)
Followed by a picnic in the church grounds

Eucharist Readings & Hymns:

Romans 6.12-end
Matthew 10.40-end

545 Morning has broken
663 How shall I sing that majesty
464 Sweet sacrament divine
719 Lord, the light of your love

The Collect for the Week:

O God, the protector of all who trust in you, without whom nothing is strong, nothing is holy: increase and multiply upon us your mercy; that with you as our ruler and guide we may so pass through things temporal that we lose not our hold on things eternal; grant this, heavenly Father, for our Lord Jesus Christ's sake, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

Prayers:

Those who are in need of prayer: Kay Kingham, Richard Coy, Liz Hickson, Jackie Wilkins, Jane Heath, Thomas

RIP: Michael New, Molly Liok, Owen Leighton

Year's Mind: Richard Jones (28th, 02); Rose Duribe (28th, 12); Jenny Quaye (30th, 95); Muriel Jupp (1st, 13); Elsie Dean (4th, 12)

Wanstead Prayer Diary: High Street, Malcolm Way, Epping Forest Scout District HQ, Travelodge, The Eagle – Carvery, Tiffin Tin, Bullers Rice, Fika – Speciality Coffee, Format Fitness, Sun Goddess, Beauty Parfaite, Studio East Rail Easy, Station Parade

HOME AND HOSPITAL VISITS: Please let the Parish Office know if you would appreciate a visit by a member of the clergy, or if you know of someone who would. Mthr Anne can offer one-off visits for prayer and discussion (perhaps concerning a specific issue), in addition to on-going visits in the case of the elderly, sick and housebound.

NOTICES

FAITH SEEKING UNDERSTANDING LECTURE SERIES: The next lecture on **Sunday 5th July will take place in the Rectory** (not Christ Church as previously advertised) **4-5.30pm**. For more information and to book tickets, please see the posters in both churches or visit the Parish Website: [What's On - Parish of Wanstead](#)

COME AND SING EVENSONG FOR YOUNG PEOPLE: We are holding our first 'come and sing evensong' for young people on **Sunday 5th July at 5pm, at Christ Church**. It would be really great if members of the congregation come along to support this event, as we seek to start our own junior choir here. Please do come along and support our young people as they learn a new skill and get an introduction to evensong.

CHILDREN'S CHOIR - COME-AND-SING EVENSONG: Does your child love to sing? Wanstead Parish is holding a Come-and-Sing Evensong at Christ Church this July, and all children and young people aged 7-14 are invited to sing in the choir. A rehearsal will be held at Christ Church on **Friday 3 July from 5 - 6.30 PM**, with the service on the **following Sunday 5 July at 5 PM** (3.30 PM call time). Participants will learn Choral Evensong repertoire and experience what it is like to be part of a traditional church choir. This Evensong event will act as a taster session for what's to come at Wanstead Parish. Through a national church grant to the Diocese of Chelmsford, St Mary with Christ Church is leading an initiative to build our children's music ministry. We are excited to launch our regular children and youth choir this September. Interested in registering your child for our Come-and-Sing Evensong, upcoming choir, or both? Please reach out to the project team at alice.belshaw@gmail.com for more information. Participation is completely free, and no previous singing experience is required. Register here: <https://www.trybooking.com/uk/GOWU>

INSIDE THE QUARTET – 8TH & 9TH JULY AT ST MARY'S - Most audiences hear the finished performance. This is your chance to see how it is created! Join internationally acclaimed chamber musician Marc Danel as he works with three exceptional young string quartets in a series of open masterclasses. Hear ideas take shape, watch musicians solve problems together, and experience the extraordinary process that turns notes on a page into living music. Whether you're a lifelong music lover or completely new to chamber music, these sessions offer a unique opportunity to witness creativity, collaboration and artistic excellence up close. Free Entry. For further information, please speak to Alison Wells or visit: www.pitchstonemusic.com

SAVE THE DATE! SUNDAY 12TH JULY, 6.30PM, CHRIST CHURCH – THE PARISH CHOIR'S 150TH ANNIVERSARY EVENSONG & RECTOR'S THANK YOU DRINKS: this year we are combining the Rector's thank you drinks with the 150th Anniversary Evensong for the Choir. After the evensong there will be a reception in Christ Church Gardens for all who attend the service, to say thanks to everyone who volunteers for the parish. If you volunteer in any way - be it large or small - for the Parish of Wanstead, I would be delighted to see you at the reception after the evensong, to say thank you in person. - *Fr James*

FIRST COMMUNIONS: Anyone who is in Year 3 or above would be welcome to receive first communion. We are hoping to hold admission to First Communions over the Sundays in July. If your child would like to be admitted to communion, please contact Fr James so he can arrange a session for the children, explaining what it is all about!

SAFEGUARDING: For safeguarding concerns please contact Avril Carnelley on 07905 764343 or at wansteadparishsafeguarding@gmail.com. In an emergency, contact the relevant authority such as the Police.

JOIN US TO CELEBRATE

150 YEARS OF SONG

A SPECIAL EVENSONG TO CELEBRATE
150 YEARS OF THE PARISH CHOIR, FOLLOWED
BY DRINKS IN THE GARDENS

*THE CHOIR WILL PERFORM ANTHEMS BY 2026 COMPETITION
WINNER COLIN ASHWORTH: LET NOT YOUR HEARTS BE TROUBLED
& WILLIAM H HARRIS: LORDS OF THE WORLDS ABOVE
(COMPOSED FOR THE CENTENARY FESTIVAL, CHRIST CHURCH,
WANSTEAD, JULY 19TH, 1961)*

SUNDAY, 12 JULY

6.30PM

CHRIST CHURCH, WANSTEAD



Wanstead Parish
St Mary with Christ Church

REGULAR WEEKLY EVENTS:

Tuesdays:	9am	Morning Prayer (CC)
	10.30am	Prayer Group (CC)
Wednesdays:	9am	Morning Prayer (CC)
	8pm	Compline (St M's)
Thursdays:	9.45am	Morning Prayer (CC)
	10.30am	Holy Communion, coffee and chat (CC)
Fridays:	9am	Morning Prayer (St M's)
	10.30am	Forget-Me-Nots Choir (St M's)
	7pm	The Bridge Youth Club (Parish Halls) <i>Term time only</i>
	7pm	Parish Choir Practice (CC Vestry)

Bereavement Cafe: For all who have lost a loved one. Meets in CC vestry, 10.30 - 11.30am on the **third Tuesday** of the month.

A Place: A group for mental wellbeing. We warmly welcome you to join us in the Vestry at Christ Church at 5.30pm on the **first Sunday** of each month.

LOOKING AHEAD:

Sunday 5th July – 5th Sunday after Trinity

8am	Holy Communion BCP (CC)
9.30am	Sung Eucharist with Junior Church (CC & Halls)
9.45am	Nursery Church (Halls)
11am	Morning Prayer CW (STM)
4pm	Faith Seeking Understanding Lecture Series (The Rectory)
5pm	Choral Evensong – Come and Sing Evensong Children's Choir (CC)

PARISH OF WANSTEAD:

Rector: Revd James Gilder
jbgilder@hotmail.com / 07729 109638
(Day off: Mondays)

Assoc. Priest: Revd Charles Brown
(Works: Thurs, Fri, Sun)

Curate: Revd David Lappano

Assistant Priests:
Revd Olive Thursby (High Street Chaplain)
Revd Richard Wyber
Revd Chris Mackenna
Revd Anne Mackenna (Parish Deacon)
Revd Liz Horwell

Parish Office: 020 8530 8743
office@parishofwanstead.org
Mon-Thurs 9am-1pm

GIVING:

It costs **£4,000 per week** to keep our parish running. Please consider making a regular donation.

Online: www.parishgiving.org.uk/donors/find-your-parish/wanstead-london/

Phone: 0333 002 1260

Parish code: 080608162

Email: info@parishgiving.org.uk

Parish code: 080608162

Contact Jill Steggle for more details by email:
giving.wanstead@gmail.com