

Sunday 30th August 2026
13th Sunday after Trinity



Wanstead Parish
St Mary with Christ Church

www.wansteadparish.org

Services today:

8am Holy Communion BCP (CC)

11am Joint Sung Eucharist with Forest Church (STM)

Eucharist Readings & Hymns:

Romans 12. 9-end

Matthew 16. 21-end

545 Morning has broken

725 Make me a channel of your peace

358 Be still, for the presence of the Lord

483 We are marching in the light of God

The Collect for the Week:

Almighty God, who called your Church to bear witness that you were in Christ reconciling the world to yourself: help us to proclaim the good news of your love, that all who hear it may be drawn to you; through him who was lifted up on the cross, and reigns with you in the unity of the Holy Spirit, one God, now and for ever.

Prayers:

Those who are in need of prayer: Richard Coy, Liz Hickson, Jackie Wilkins, Jane Heath, Thomas, Pamela Mathers, Amelia Nash

RIP: Pam Messum, Kay Kingham, Leonard Maiden, Patricia Adams

Year's Mind: Violet Bostock (30th, 92); Caroline Britchford-Steel (30th, 00); Julie Glinane (1st, 94)

Wanstead Prayer Diary: The Green Café, Evergreen Surgery, Wanstead Osteopaths, Wanstead Village Dental and Health centre, Public Sector Recruitment, New Wanstead Road, Homesdale Retirement Homes, Trent Court, Selworthy Close, Weavers' House (Alms houses and retirement homes), Our Lady of Our Lourdes Primary School, Cambridge Road, Spratt Hall Road, Greenstone Mews, Voluntary Place

HOME AND HOSPITAL VISITS: Please let the Parish Office know if you would appreciate a visit by a member of the clergy, or if you know of someone who would. Mthr Anne can offer one-off visits for prayer and discussion (perhaps concerning a specific issue), in addition to on-going visits in the case of the elderly, sick and housebound.

SAFEGUARDING: For safeguarding concerns please contact Avril Carnelley on 07905 764343 or at wansteadparishsafeguarding@gmail.com. In an emergency, contact the relevant authority such as the Police.

NOTICES

FUNERALS: The funeral of **Kay Kingham** will take place on **Wednesday 2nd September, 11am at Christ Church**. Please remember Kay and her family and friends in your prayers. For those who are unable to attend, Kay's funeral will be available to watch via live streaming by following this link: <https://www.shealolin.co.uk/kay-kingham>

CHRIST CHURCH FESTIVAL – SUNDAY 13TH SEPTEMBER, 11AM – HELP, TEDDIES, SWEETS & BOTTLES NEEDED! We need **people** to help set up on the day, to run stalls and also clear away. If you are able to help in any way, please speak to Lauren Johnson or email: halls@parishofwanstead.org We are also in need of unwanted **Teddy Bears** (we will wash them and help them find new homes on the Teddy Tombola), and any **bottles** (from Champagne to bubble bath!), **chocolates and sweets** for the Bottle & Sweet Tombola! All teddies, sweets and bottles can be dropped off at the Parish Office or given to a Church Warden at either church. All contributions gratefully received!

JAZZ VESPERS – SUNDAY 13TH SEPTEMBER, 6PM, CHRIST CHURCH: with Inge-Lise Nygaard and the Nick Tomalin Quartet. **All welcome** to this unique and reflective service.

TO ALL CHRIST CHURCH WELCOMERS AND THOSE WHO'VE SIGNED UP TO BE A BUDDY: Advance Notice: **Sunday 20th September**, Christ Church Vestry, 11-12 noon... the promised training! Please put a note in your diaries that we will be doing our Welcomers and Buddies training for *all* welcomers and aspiring buddies on Sunday 20th September after the 9.30 service. If you can collect a drink from the hall after the service and then make your way to the choir vestry to start at 11am (cake will be provided!) that will be good. **Please let me know by email** if you can do this date, then I'll send you more detail about what to expect. If there are people who can't make this date, I'll run another session for them later in the autumn. Liz Horwell: ehorwell@hotmail.com

PARISH BROADSTAIRS TRIP FOR EVERYONE! SATURDAY 26TH SEPTEMBER
Make your own way to Broadstairs in cars or on the train (lifts may be available, please enquire at the Parish Office). Easy journey from Stratford. Meet on the beach at 12 noon, bring a picnic. Beach rounders for the children. Sandcastle making competition with prizes! Lots for children to do in the afternoon, and adults too (Dickens Museum, cockles on the pier, old town walks, arcades, lovely bars and restaurants and a beautiful sandy beach, Morelli's – the best ice cream parlour in the world). Come back together for our Wanstead Service at Broadstairs Methodist Church, (York St, near the beach) at 4pm, including children's activities.

Cost: £5 per person / £10 family ticket (donated to the church who will host us for the service)
Book here: <https://www.trybooking.com/uk/GRAZ> or contact the Parish Office.

A PLACE: After running for almost 3 years, we've decided now is the right time for A Place to take a break. We've learnt a lot over those nearly 3 years and want to now take time to reflect on how we can best support the wellbeing of our community going forwards. We are very grateful to those who have attended A Place and to the hosts who have facilitated the group. Of course, whilst the monthly session might not be running, we truly want the Parish to embody an environment where people are able to talk openly and be met with compassion. So please always feel welcomed to talk and feel listened to. Thanks sincerely to all those who have supported A Place so far. (*James Boast*)

We are now nearing the end of the **Wanstead Community Kneeler Project** which will take place at the same time as the Wanstead Festival on 13th September. Our celebrations will run in Christ Church from 12 noon to 5pm as follows:



 **Wanstead Parish**
St Mary with Christ Church

KNEELERS FOR CHRIST CHURCH EVENT

**13 SEPTEMBER 2026
INSIDE CHRIST CHURCH**

11AM-12PM Kneeler Cake Competition Bring your kneeler inspired decorated cakes to Christ Church ready for judging!	12PM-4PM Voting and bidding Vote for your favourite cake & leave a silent bid for any cake you fancy – all proceeds to the 'Inspire' project.
12PM-5PM Exhibition, Crafts & activities Display of artifacts and stories of the 'behind the scenes' tales of some of the kneelers. Sale of Friendship bracelet kits using yarns from the kneelers; Guidebooks; sewing ephemera from the project – all monies to the 'Inspire' project. Where is it? – a photo trail inside Christ Church to use close observation skills – aimed at under 12's but fun for everyone (No prizes)	3PM-3.30PM Musical event Come one, come all regardless of age or ability and learn the 'Kneelers' song written especially for the project led by the composer – Tina Lloyd-Morris 4.30PM - 5PM Winners Announced Presentation of cake decorating prize. Collection of cake entries and auction lots.

RAISING FUNDS FOR "INSPIRE WANSTEAD"

More Information:

www.wansteadparish.org/13/whats-on kneelers4cc@gmail.com

REGULAR WEEKLY EVENTS:

Tuesdays:	9am	Morning Prayer (CC)
	10.30am	Prayer Group (CC)
Wednesdays:	9am	Morning Prayer (CC)
	8pm	Compline (St M's)
Thursdays:	9.45am	Morning Prayer (CC)
	10.30am	Holy Communion, coffee and chat (CC)
Fridays:	9am	Morning Prayer (St M's)
	10.30am	Forget-Me-Nots Choir (St M's)
	7pm	The Bridge Youth Club (Parish Halls) <i>Term time only</i>
	7pm	Parish Choir Practice (CC Vestry)

Bereavement Cafe: For all who have lost a loved one - meets in CC vestry, 10.30 - 11.30am on the **third Tuesday** of the month.

LOOKING AHEAD:

Sunday 6th September – 14th Sunday after Trinity

8am	Holy Communion BCP (CC)
9.30am	Sung Eucharist with Junior Church (CC & Halls)
9.45am	Nursery Church (Halls)
11am	Morning Prayer CW (STM)
1.30pm	Baptism (CC)
4pm	Faith Seeking Understanding Lecture Series (CC)

PARISH OF WANSTEAD:

Rector: Revd James Gilder
jbgilder@hotmail.com / 07729 109638
(Day off: Mondays)

Assoc. Priest: Revd Charles Brown
(Works: Thurs, Fri, Sun)

Curate: Revd David Lappano

Assistant Priests:
Revd Olive Thursby (High Street Chaplain)
Revd Richard Wyber
Revd Anne Mackenna (Parish Deacon)
Revd Liz Horwell

Parish Office: 020 8530 8743
office@parishofwanstead.org
Mon-Thurs 9am-1pm

GIVING:

It costs £4,000 per week to keep our parish running. Please consider making a regular donation.

Online: www.parishgiving.org.uk/donors/find-your-parish/wanstead-london/

Phone: 0333 002 1260

Parish code: 080608162

Email: info@parishgiving.org.uk

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For further information, contact the Parish Office: office@parishofwanstead.org